

---

1985-1987

30 cm of textual records, photos, slides

---

The Older Adult Centres Association of Ontario (OACAO) initiated the concept of the Ontario Senior Games in 1982. In 1984, the OACAO established an Ontario Seniors Games Committee with the mandate to develop a format for district competition, and to develop and implement a plan for Ontario Senior Games Provincial Championships. In 1986, the City of Kitchener hosted the very first Ontario Senior Games called Actifest. District games would be held annually and the winners in sanctioned events would qualify to compete in the province wide event. In 1996, the Ontario Senior Games Association (OSGA) was granted the right to separate from OACAO, and in April 1997, OSGA became a not-for-profit incorporated body. The Northwest Senior Games is a part of the Ontario Senior Games. The games were held for the first time in Thunder Bay in September 1985. The games were held to provide older adults with an opportunity to improve physical fitness, improve sense of well-being, mental stimulation, increased recreational involvement, social interaction and to improve cooperation and communication among older adults.

Over 300 older adults participated in the events from Thunder Bay and the surrounding area. The games consisted of nine competitive activities and three social events. Some of the activities included cribbage, carpet bowling, five pin bowling, golf, euchre, darts, horseshoes, and swimming. The three social events for most of the years consisted of a wine and cheese party, a banquet dinner and dance, and an awards ceremony. This series consists of the records that were accumulated from 1985-1987 during the three consecutive years that Thunder Bay hosted the games. Some of the records include correspondence, newsletters, official games rulebook released by the Ontario Senior Games, meeting minutes the from Northwest Senior Games Organizing Committee and several other committees, and other textual records relating to the organization of the event. This series also includes photographs, negatives and slides from the events.

Transferred under CS264 in 1994.

A

No further accruals are expected.

