COMMUNITY SAFETY AND WELL-BEING THUNDER BAY

2021 Population Level Indicator Report

June 2021

INTRODUCTION

Effective January 1, 2019, new legislation mandated all Ontario municipalities to prepare and adopt a Community Safety and Well-being (CSWB) plan (the Plan). The Plan is meant to proactively address locally identified priority risks to community safety and well-being. In March 2019, Thunder Bay City Council appointed the Crime Prevention Council (CPC) as the Advisory Committee to oversee the development and implementation of the Plan for Thunder Bay. The City of Thunder Bay is following the province's Community Safety and Well-Being Planning Framework: A Shared Commitment in Ontario.

The ultimate goal of this type of community safety and well-being planning is to: "achieve sustainable communities where everyone is safe, has a sense of belonging, opportunities to participate, and where individuals and families are able to meet their needs for education, health care, food, housing, income, and social and cultural expression. The success of society is linked to the well-being of each and every individual." See footnote number one. To achieve this, it is necessary to gather information and evidence to paint a clear picture of what is happening in Thunder Bay.

A comprehensive review of local data was undertaken with community partners to support the identification of local priority risks to community safety and well-being, which will form the basis of the Plan. This review identified a wide range of data to provide insight on how Thunder Bay is performing on a number of indicators of safety and well-being. The City worked together with community partners to track indicators across several domains, using population-level data. These indicators highlight areas where Thunder Bay is doing well, and areas where there is room for improvement. Where data was available, we have made comparisons to province-wide data and showed historical trends over time.

The domains and indicators included in this report were selected by the CSWB Data Working Group based on a number of criteria. These criteria prioritized indicators that were:

- Existing and well-established*
- Regularly collected
- Available for Thunder Bay
- Meaningful to CSWB
- Easy to communicate

^{*}See Appendix 2: Indicator Selection Criteria for more details.

This initial Population Level Indicators Report will serve as a baseline for continuing work. This report will be a living document and will be updated as more data becomes available, and other indicators and priorities are identified. The indicators in this report can be further subdivided to provide an in-depth look at some of Thunder Bay's risk and protective factors, as well as priority populations. Moving forward, and where possible, we will aim to include race and gender-based data for these indicators. We will also encourage partners, where possible, to collect this information so that we can identify and address systemic and structural inequities as a community. This framework will remain adaptable as new issues and knowledge emerge. This report uses the Canadian Municipal Network on Crime Prevention's Framework: Indicators for Crime Prevention and Community Safety and Well-Being Plans, see footnote number two, and includes thirty indicators that will track progress and evaluate the impacts of the Plan as it is implemented. Upstream prevention approaches to community safety and well-being are about more than just the absence of crime; they are about creating a community where everyone has a range of opportunities to grow, learn, work, play, connect, love and be loved, see footnote number three. In order to create a more positive experience for all, we need to address the foundational systems and relationships in our community that play a critical role in shaping our environment and experience of well-being.

UNITED NATIONS SUSTAINABLE DEVELOPMENT GOALS

In September 2015, world leaders from all 193 UN member states (including Canada) adopted the Sustainable Development Goals (SDGs), as part of the 2030 Agenda for Sustainable Development, to guide global action on the urgent environmental, political and economic challenges facing our planet, see footnote number four. The SDGs set an ambitious target to build a more sustainable, safe, and prosperous world for all of humanity by 2030. The SDGs are a universal call to action to end poverty, protect the planet and improve the lives and prospects of everyone, everywhere. The SDGs also provide an important framework for making communities safer and healthier. In order for Canada to meet its targets, all orders of government, including municipalities, must do their part to track local indicators and meet their targets. Where applicable, SDGs are identified within each domain, and their inclusion is intended to start a conversation about the SDGs and our community's role in helping to achieve them.

See Appendix 3 - United Nations Sustainable Development Goals.

THUNDER BAY'S CSWB INDICATOR FRAMEWORK

The Framework is organized into seven domains: Community Vitality, Healthy Populations, Community Safety, Living Standards, Education, Environment and Democratic Engagement. These domains all interact with one another and play a role in contributing to the overall safety and well-being of Thunder Bay residents. While some of the domains may appear very general without an obvious connection to community safety and well-being, they represent an important part of upstream prevention which seeks to promote safety and well-being in a way that prevents challenges from occurring in the first place, see footnote number five and six.

Thirty indicators have been identified to tell the story about safety and well-being in Thunder Bay.

In the domain of Community Vitality, the Indicators are as follows: Sense of Belonging, Quality of Life, Perception of Racism and Discrimination, Population Experiencing Racism, and Perception of Safety. These Indicators coincide with these United Nations Sustainable Development Goals: Number Eleven, Sustainable Cities and Communities, Number Ten, Reduced Inequalities, and Number Sixteen, Peace, Justice and Strong Institutions.

In the domain of Healthy Populations, the Indicators are as follows: Self-reported Overall Health, Self-reported Mental Health, Adult Smoking Rate, Hospitalizations for Chronic Disease, Alcohol Consumption, Opioid Poisoning and Premature Mortality. These Indicators coincide with this United Nations Sustainable Development Goal: Number Three, Good Health and Well-being.

In the domain of Community Safety, the Indicators are as follows: Crime Severity Index, Overall Crime Rate, Violent Crime Rate, Thunder Bay Police Service Calls for Service, Domestic Violence Calls to TBPS and Hate Crime. These Indicators coincide with these United Nations Sustainable Development Goals: Number Sixteen, Peace, Justice and Strong Institutions, and Number Five, Gender Equality.

In the domain of Living Standards, the Indicators are as follows: Prevalence of Low Income, Lone Parent Households, Homelessness, Housing Affordability, Unemployment Rate, Participation in Labour Force and Food Security. These Indicators coincide with these United Nations Sustainable Development Goals: Number Eight, Decent Work and Economic Growth, Number Two, Zero Hunger, and Number One, No Poverty.

In the domain of Education, the Indicator is as follows: High School Graduation. This Indicator coincides with this United Nations Sustainable Development Goal: Quality Education.

In the domain of Environment, the Indicators are as follows: Proximity and Use of Greenspace and Greenhouse Gas Emissions. This Indicator coincides with this United Nations Sustainable Development Goal: Number Thirteen, Climate Action.

In the domain of Democratic Engagement, the Indicators are as follows: Voter Turnout-Municipal Election and Opportunities to Participate. These Indicators coincides with these United Nations Sustainable Development Goal: Number Sixteen, Peace, Justice and Strong Institutions.

Community Vitality

Community Vitality examines quality of life where people Vitality live. This includes what is happening in neighbourhoods, how safe people feel, whether or not people are engaged in community activities, and if they feel a sense of belonging in their community.

Indicators of Community Vitality include the following: Number one, Sense of Belonging, Number two, Quality of Life, Number three, Perceptions of Racism and Discrimination, Number four, Population Experiencing Racism, and Number five, Perception of Safety.

Number One: Sense of Belonging

The Indicator is described as the percentage of population that reports very or somewhat strong sense of belonging to community.

Eighty-nine per cent of residents somewhat or strongly agreed with the statement "I have a strong sense of belonging to Thunder Bay", see footnote number seven.

Story Behind the Numbers

Sense of belonging is the sense that you're part of something and feel attached to and accepted by others. Research demonstrates that a strong sense of belonging is positively associated with well-being and mental health, and influences an individual's identity and the extent to which they feel accepted, valued and able to take on a role in society. See footnote number eight.

Number Two: Quality of Life

The Indicator is described as Self-reported Overall Quality of Life in Thunder Bay.

Eight-two per cent of respondents rated their overall quality of life as good or very good, down from 92% in 2013. See footnote number nine.

Story Behind the Numbers

Quality of life reflects an individual's or group's overall well-being and happiness, which is an important measure for the Plan. Standard indicators of quality of life include wealth, employment, the environment, physical and mental health, education, recreation and leisure time, social belonging, religious beliefs, safety, security and freedom. See footnote number ten. The top three reasons respondents indicated quality of life in Thunder Bay is good include: (i) more access to the outdoors/wildlife; (ii) great people/community/ good neighbours; (iii) beautiful/nice place to live.

Number Three: Perception of Racism and Discrimination

The Indicator is described as Perception of Racism and Discrimination.

Eighty per cent of residents agreed that racism and discrimination is a serious issue in Thunder Bay. See footnote number eleven.

Data source: Citizen Satisfaction Survey, 2019

Number Four: Population Experiencing Racism

The Indicator is described as Percentage of population experiencing discrimination in the past year based on race or colour.

Thirteen per cent of Thunder Bay residents reported experiencing racial discrimination in the past year. See footnote number eleven.

Data source: Citizen Satisfaction Survey, 2019

Story Behind the Numbers

On average, individuals experienced 22 incidents in that time. The top three locations for experiencing racial discrimination included: (i) city street (36%); (ii) in a store (25%); and (iii) at work (22%). See footnote number twelve. There is growing evidence that racism is a determinant of health and has negative impacts on both mental and physical health. See footnote number thirteen. Racism and discrimination can also have pervasive negative effects on youth development, as well as on their health and well-being, and impact families and communities who have been racially marginalized. See footnote number fourteen. The experience of discrimination (including racism) is a traumatic experience that can cause similar symptoms to post-traumatic stress disorder (PTSD), as well as depression and anxiety, and also affect one's sense of safety. See footnote number fifteen.

Number Five: Perception of Safety

The Indicator is described as Agreement with "I feel that Thunder Bay is a relatively safe city."

Fifty-four per cent of Thunder Bay residents indicated they felt that Thunder Bay is a relatively safe city; this is down from 70% in 2013 and 2015 (2019). See footnote number 16.

Story Behind the Numbers

Feelings of personal safety are linked to overall feelings of well-being. See footnote number seventeen. How safe a person feels can have many impacts on physical and mental health, restrict personal activities, and reduce overall quality of life. A perceived lack of safety can have additional negative outcomes such as reduced social connectedness and increased spending on crime protection. See footnote number 18.

Healthy Populations

Healthy Populations refers to the health of the population with respect to whether different aspects of health are improving or deteriorating. Specifically, it focuses on health status, lifestyle and behaviour, and health care system factors.

Indicators of Healthy Populations include the following: Number one, Self-rated Health Number two, Self-rated Mental Health Number three, Adult Smoke Rate Number four, Hospitalizations for Chronic Diseases Number five, Alcohol Consumption Number six, Opiod Poisoning, and Number seven, Premature Mortality.

Number One: Self-rated Health

The Indicator is described as Self-reported Overall Health.

Fifty-five per cent of residents in the Thunder Bay District rated their own health status as very good or excellent, compared to sixty-two per cent for Ontario. See footnote number nineteen.

Data source: Ontario Agency for Health Protection and Promotion (2015/16)

Story Behind the Numbers

Self-reported overall health (also called self-rated overall health) is largely influenced by the social determinants of health. Research at the University of Waterloo shows that self-reported health is a reliable indicator of overall health status and that a person's risk of illness or mortality is closely linked to their sense of well-being. See footnote number twenty.

Number Two: Self-rated Mental Health

The Indicator is described as Self-rated Mental Health.

Sixty-eight per cent of residents in the Thunder Bay District rated their own mental health as very good or excellent, compared to seventy per cent for Ontario. See footnote number twenty-one.

Data source: Ontario Agency for Health Protection and Promotion (2015/16)

Story Behind the Numbers

Mental health is a state of well-being in which the individual realizes their own abilities, can cope with the normal stresses of life, can work productively, and is able to make a contribution to their community. See footnote number twenty-two. Mental health is influenced by many factors including life experiences, workplace or other environments, and the social and economic conditions that shape our lives. See footnote number twenty-three. Poor mental health is a risk factor for chronic physical conditions. See footnote number twenty-four. And people with a mental illness are twice as likely to have a substance use problem compared to the general population. See footnote number twenty-five.

Number Three: Adult Smoking Rate

The Indicator is described as Self-reported adult daily smoking.

Twenty-four per cent of Thunder Bay District residents aged twenty and older report currently smoking daily compared to eighteen per cent for Ontario. See footnote number twenty-six.

Data source: Ontario Agency for Health Protection and Promotion (2015/16)

Story Behind the Numbers

Smoking rates are important indicators of a healthy population because tobacco use continues to be the number one cause of preventable disease and death in Canada. See footnote number twenty-seven.

Number Four: Hospitalizations for Chronic Diseases

The Indicator is described as Rate of Hospitalizations for Chronic Diseases.

The rate of hospitalizations in Thunder Bay District for three chronic diseases is greater than the average rates for Ontario. See footnote number twenty-eight.

Data source: The integrated Public Health Information System (iPHIS), 2019.

Story Behind the Numbers

The prevalence of risk factors for chronic disease is high in Ontario, especially for populations that face health inequities, such as those with low socioeconomic status and poor mental health. See footnote number twenty-nine. Thunder Bay's rates are even higher. Smoking, physical inactivity and alcohol consumption are major risk factors for chronic disease. See footnote number thirty.

Number Five: Alcohol Consumption

The indicator is described as Percentage of Thunder Bay District Residents aged nineteen and older who exceed at least one of Canada's Low-Risk Alcohol Drinking Guidelines.

Fifty-four per cent of residents aged nineteen and older exceed at least one of Canada's Low-Risk Alcohol Drinking Guidelines, compared to the forty-four per cent average for Ontario. See footnote number thirty-three.

Story Behind the Numbers

Canada's Low-Risk Alcohol Drinking Guidelines are recommendations intended to reduce the risks associated with drinking alcohol. Alcohol is associated with a wide range of harms, such as injuries and violence, and the development of many chronic diseases and cancers. See footnote thirty-four. There is a causal relationship between harmful use of alcohol and a range of mental and behavioural disorders, other non-communicable conditions as well as injuries, and alcohol also results in a significant social and economic burden on society at large. See footnote thirty-five.

Number Six: Opioid Poisoning

The indicator is described as the rate of opioid deaths per 100,000 population.

Thirty-six per 100,000 population-the rate of opioid deaths in Thunder Bay District (2020), see footnote thirty-six, 14 per 100,000 population in Ontario's (2020). See footnote number thirty-six.

*Data source for 2015-2019: Public Health Ontario. Interactive Opioid Tool. 2021. *Data source for 2020: Changing Circumstances Surrounding Opioid-Related Deaths in Ontario during the COVID-19 Pandemic.

Story Behind the Numbers

Data over the last several years shows Thunder Bay District rates of death from opioid poisonings are far greater than Ontario average rates. In 2018, Thunder Bay District had the highest per-capita accidental opioid death rate in the province. See footnote thirty-seven. The rising rate of opioid-related deaths across Canada has been an ongoing and significant national public health crisis for over a decade. Rates continue to rise during COVID-19, driven by a combination of factors, including an increasingly toxic unregulated ('street') drug supply, barriers to access harm reduction services and treatment, and physical distancing requirements leading to more people using drugs alone. See footnote thirty-eight.

Number Seven: Premature Mortality

This Indicator is described as the rate of premature mortality (0-74 yrs.)

Four-hundred-sixty-four per 100,000 population – the rate of premature mortality in Thunder Bay District 287 per 100,000 population - the rate of premature mortality in Ontario. See footnote thirtynine.

Story Behind the Numbers

Premature mortality (PMR) is an important indicator of the general health of a population, with high PMR indicating poor health status40. Tracking PMR is important as it reflects the Plan's focus on prevention and social development, and the social determinants of health.

Community Safety

Community Safety examines the perceptions of personal safety in the community, as well as local crime and victimization data.

Indicators of Community Safety include the following: Number one, Crime Severity Index, Number two, Crime Rate, Number three, Violent Crime Rate, Number four, Calls for Service, Number five, Domestic Violence, and Number six, Hate Crime.

Number One: Crime Severity Index

100.6 - the Crime Severity Index in Thunder Bay (2019), see footnote 41, 60.7 - the Crime Severity Index in Ontario (2019), see footnote forty-one.

Data source: Statistics Canada Table 35-10-0026-01

Story Behind the Numbers

The Crime Severity Index (CSI) is a measure of police-reported crime that reflects the volume and seriousness of offences. In order to calculate the CSI, each violation is assigned a weight that is based on the violation's average sentence handed down by criminal courts. The more serious the average sentence, the higher the weight assigned to the offence, meaning that the more serious offences have a greater impact on the Index. See footnote forty-two. The CSI can demonstrate how the volume and seriousness of crime changes over time.

Number Two: Crime Rate

The Indicator of Crime Rate includes the overall crime rate.

7046 incidents per 100,000 population - the crime rate in Thunder Bay (2019)43 4218 incidents per 100,000 population - the crime rate in Ontario (2019). See footnote forty-three.

Data source: Statistics Canada. Table 35-10-0177-01

Story Behind the Numbers

The Crime Rate indicator shows the number of police-reported incidents that have occurred per 100,000 population. In the 2019 Citizen Satisfaction Survey, crime was identified as the most important issue in Thunder Bay, which is also reflected in the decrease in perception of safety. See footnote forty-four.

Number Three: Violent Crime Rate

The Indicator of Crime Rate includes the Violent Crime Rate.

1617 - incidents of violent crime per 100,000 population in Thunder Bay (2019). See footnote forty-five. 942 - incidents of violent crime per 100,000 population in Ontario (2019) See footnote forty-five.

Data Source: Statistics Canada. Table 35-10-0177-01

Story Behind the Numbers

The World Health Organization describes violence as a global health problem. See footnote number forty-six. The violent crime rate in Thunder Bay has continued to increase in recent years, and concern is growing about increased violence related to gang activity.

Number Four: Calls for Service

This Indicator is described as Call for Service to Thunder Bay Police Service (TBPS).

54,464 Calls for Service to Thunder Bay Police Service in 2019. See footnote forty-seven.

Source: TBPS Annual Report 2019

Story Behind the Numbers

The TBPS continued to respond to a high number of calls for service involving persons in crisis. In 2018, TBPS partnered with the Canadian Mental Health Association and the Thunder Bay Regional Health Sciences Centre to form a Joint Mobile Crisis Response Team (JMRCT) to respond to mental health and substance use related crisis calls. Of the 1929 calls for service that were of a mental health nature in 2019, JMRCT was used 1082 times. See footnote forty-eight.

Number Five: Domestic Violence

This Indicator is described as Domestic Violence Incidents Reported to TBPS.

3469 – the number of domestic violence incidents reported to TBPS in 2019. See footnote forty-nine.

Data source: TBPS Annual Report 2019

Story Behind the Numbers

Rates of domestic violence in Thunder Bay have more than doubled since 2004. Domestic violence incidents are known to be vastly underreported50, which points to the need for initiatives to identify barriers to reporting, encourage and support increased reporting, support survivors and hold perpetrators to account. While 2020 data for Thunder Bay is not yet available, we know that reports of domestic violence worldwide continue to rise significantly during the COVID-19 pandemic. See footnote fifty-one.

Number Six: Hate Crime

This Indicator is described as rate of Hate Crime in Thunder Bay

5.6 - the rate of hate crime per 100,000 population in Thunder Bay (2019). See footnote fifty-two. 5.2 – the rate of hate crime per 100,000 population in Canada (2019) See footnote fifty-two.

Data source: Statistics Canada Table 35-10-0191-01

Story Behind the Numbers

Hate crimes refer to criminal incidents found to have been motivated by hatred toward an identifiable group. Any criminal act has the potential to be a hate crime if hate motivation can be proven. In 2015 and 2017, Thunder Bay had the highest rate of hate crime in Canada. In those years, hate crime incidents targeting the Indigenous community accounted for the majority of these incidents, at 60 percent and 62 percent, respectively.

Living Standards

Living Standards examines the level and distribution of Canadians' income and wealth by monitoring poverty rates, income fluctuations, labour market security, and job quality. It also considers basic necessities such as food security and affordable housing.

Indicators of Living Standards include the following: 1. Prevalence of Low Income, 2. Lone Parent Households 3. Homelessness 4. Housing Affordability 5. Unemployment Rate 6. Participation in Labour Force 7. Food Insecurity.

Number One: Prevalence of Low Income

This Indicator is described as percentage of population living below the Low Income Measure-After Tax cut-off.

13.8% of residents in Thunder Bay living below the Low-Income Measure-After Tax (LIM-AT) (2018) See footnote fifty-three. 14.4% of residents in Ontario living below the Low-Income Measure-After Tax (LIM-AT) (2018) See footnote fifty-three.

Data source: Statistics Canada

Story Behind the Numbers

The connection between health and poverty is so clear that the World Health Organization has declared poverty to be the single largest determinant of health. See footnote fifty-four. The Thunder Bay Poverty Reduction Strategy measures low income by using the Low-Income Measure After Tax (LIM-AT) calculation. Poverty in childhood is associated with a number of health conditions in adulthood. Children who grow up in poverty are, as adults, more likely to experience addictions, mental health difficulties, physical disabilities and premature death.

Number Two: Lone Parent Households

This Indicator is described as percentage of lone parent families in Thunder Bay.

17.6%-lone parent families in Thunder Bay (2018) See footnote fifty-six. 14.9%-lone parent families in Ontario (2018) See footnote fifty-six.

Story Behind the Numbers

People in lone-parent families have one of the highest poverty rates in Canada See footnote fifty-seven. The poverty rate for lone-parent families in 2016 was more than double the Canadian average – almost 30 percent of people in lone-parent families were in poverty compared to an average of 11 percent for the Canadian population. See footnote fifty-seven.

Number Three: Homelessness

This Indicator is described as the number of persons who are homeless in Thunder Bay.

474 people experiencing homelessness in Thunder Bay (2018) See footnote fifty-eight.

Data source: Point in Time Count 2018

Story Behind the Numbers

In 2018, the Thunder Bay Point in Time (PIT) Count enumerated 474 individuals experiencing homelessness. Of these, 59 percent were chronically homeless and 21 percent were episodically homeless. A total of 66 percent of those surveyed self-identified as Indigenous. See footnote fifty-nine. Individuals facing homelessness are more likely to become victims of crime and/or become involved in the criminal justice system. See footnote sixty. Many individuals and families experiencing homelessness often face complex and concurrent challenges related to mental health, addictions, trauma and poverty. See footnote sixty-one.

Number Four: Housing Affordability

This Indicator is described as the percentage of renters and homeowners paying more than 30 percent of their income on shelter.

In 2018, 41.8 percent of Thunder Bay renters paid more than 30 percent of their income on shelter costs, while only 10.3 percent of homeowners paid more than 30 percent. See footnote sixty-two.

41.8% of renters paid more than 30% of income on shelter costs (2018)62 10.3% of homeowners paid more than 30% of income on shelter costs (2018) See footnote sixty-two.

Data source: Statistics Canada

Story Behind the Numbers

Families who pay more than 30 percent of their income for housing are considered "cost burdened" and may have difficulty affording other necessities including food, transportation and medical care. See footnote sixty-three.

Number Five: Unemployment Rate

This Indicator is described as the unemployment rate.

7.7% the unemployment rate in Thunder Bay (May 2021)64 8.6% the unemployment rate in Ontario (May 2021) See footnote sixty-four.

Data source: Statistics Canada, 2021

Story Behind the Numbers

The unemployment rate is the number of unemployed persons expressed as a percentage of the labour force. The relationship between unemployment and property crime is well established and, generally, a one percent drop in unemployment rates leads to approximately a one percent drop in property crime. See footnote sixty-five. Violent crime and unemployment, on their own, tend to be unrelated. See footnote sixty-six.

Number Six: Participation in the Labour Force

This Indicator is described as Participation in the Labour Force.

60.8%-Thunder Bay's labour force participation rate (May 2021) 64.5%-Ontario's labour force participation rate (May 2021) See footnote sixty-seven.

Data source: Statistics Canada, 2021

Story Behind the Numbers

The labour force participation rate indicates the percentage of all people of working age who are employed or are actively seeking work. This rate is an important labour market measure because it represents the relative amount of labour resources available for the production of goods and services.

Number Seven: Food Security

This Indicator is described as marginal, moderate or severe food insecurity.

14.3% of households are marginally, moderately or severely food insecure in Thunder Bay (2015-16) See footnote sixty-eight.

16% of households that are marginally, moderately or severely food insecure in Ontario (2015-2016) See footnote sixty-eight.

Data source: Canadian Community Health Survey (CCHS) 2015–16, Statistics Canada, Ontario Share File, Distributed by Ontario MOHLTC

Story Behind the Numbers

Household food insecurity is the inadequate or insecure access to food due to financial constraints. It is a serious problem in Canada that negatively impacts physical, mental, and social health, and costs our healthcare system considerably. See footnote sixty-nine.

Education

Education is an important predictor of health, living standards, democratic participation, and education for future generations. It focuses on formal learning (in school) as opposed to informal learning.

Indicators of Education include the percentage of residents without a high school education.

75% - the percentage of residents aged 25-64 in Thunder Bay that have a high school diploma. See footnote seventy. 81% - the percentage of residents aged 25-64 in Ontario that have a high school diploma. See footnote seventy.

Data Source: Statistics Canada, 2018

Story Behind the Numbers

Education is a social determinant of health, and plays an important role in determining health status of an individual as well as employment, career and financial success. Level of educational attainment impacts participation in criminal activity and the probability of involvement in the criminal justice system. See footnote seventy-one. This is a cause for concern, and speaks to the need to develop and support more initiatives that raise high school completion rates.

Environment

Environment focuses on the availability and use of Canada's natural resources. It explores natural assets available to Canadians, the flow of these resources over time, and some of the impacts of human activity on the environment including greenhouse gas emissions, fresh water, and ecological footprint.

Number One: Environment

Indicators of Environment include 1. Green Space-Usage, and 2. Greenhouse Gas Emissions.

Indicators of Environment include the percentage of population who visited green space close to home.

84% of Thunder Bay residents visited a park or green space close to home in 2017. See footnote seventy-two.

Statistics Canada. Table 38-10-0020-01 Parks and green spaces.

Story Behind the Numbers

This indicator is for green space "close to home" — defined as being within a ten minute journey from home. Green spaces play an important role in our lives. Multiple studies have shown that green spaces reduce stress and boost mental and physical health. See footnote seventy-three. Urban green spaces such as parks, sports fields, woods, lakesides, and gardens give people the space for physical activity, relaxation, peace, and an escape from heat. See footnote seventy-four.

Number Two: Greenhouse Gases

Indicators of Greenhouse Gases include Greenhouse Gas Emissions

1,225,169 – total tonnes of Greenhouse Gases emitted from all sources in Thunder Bay (2016) See footnote seventy-five.

Story Behind the Numbers

Greenhouse gases (GHG) are gases that absorb infrared radiation (net heat energy) emitted from Earth's surface and reradiate it back to the Earth's surface, thus contributing to the greenhouse effect. Carbon dioxide, methane, and water vapour are the most important greenhouse gases. See footnote seventy-

six. As a result of a climate emergency declaration in January of 2020, the City of Thunder Bay has moved towards a net-zero GHG emissions target for the community. This is a very ambitious target requiring partnerships with all community members and senior levels of government. Meeting the net-zero target is achievable and will transform our city into one that is climate-positive and a leader in Ontario and Canada. See footnote seventy-seven.

Demographic Engagement

Democratic Engagement refers to taking part in the democratic process through political institutions, organizations, and activities. Examples include citizens participating in political activities and expressing their views, governments encouraging citizen participation, and everyone promoting democratic values.

Indicators of Democratic Engagement include the following: 1. Voter Turnout 2. Opportunity to Engage with City.

Number One: Vote Turnout

The Indicator for Voter turnout is measured by turnout for municipal elections.

38.3% average voter turnout for Ontario. See footnote seventy-eight and seventy-nine.

Story Behind the Numbers

This indicator captures the voter turnout (eligible voters who cast a ballot) in Thunder Bay municipal elections. Municipal policies can have a large impact on well-being; however, Canadians tend to be less interested in municipal politics than they are in federal or provincial politics. See footnote eighty.

Number Two: Opportunities to Engage with City

This Indicator is measured by the percentage of residents who feel they have had opportunities to participate and engage with the City on topics of interest to them.

56% of residents felt they had opportunities to participate and engage with the City on topics of interest to them (2019). See footnote eighty-one.

Data source: Citizen Satisfaction survey, 2019

Story Behind the Numbers

A healthy democracy needs citizens who feel their votes count, are informed, participate, debate, and advocate. It needs governments at all levels to be transparent, inclusive, consultative, and trustworthy. In essence, political leadership, citizen participation, and communication demonstrate the level of democratic engagement. See footnote eighty-two.

APPENDIX 1 – GLOSSARY OF TERMS

Community Safety and Well-Being: The ideal state of a sustainable community where everyone is safe, has a sense of belonging, opportunities to participate, and where individuals and families are able to meet their needs for education, health care, food, housing, income, and social and cultural expression.

Crime Severity Index: The Crime Severity Index tracks changes in the severity of police-reported crime by accounting for both the amount of crime reported by police in a given jurisdiction and the relative seriousness of these crimes.

Domain: A domain is a logical grouping of data.

Food Insecurity: Food insecurity ranges from worrying about running out of food to going a whole day without eating because of the inability to afford food. The food insecurity definition includes households who are marginally, moderately and severely food insecure.

Homelessness: The situation of an individual, family or community without stable, safe, permanent, appropriate housing, or the immediate prospect, means and ability of acquiring it. It is the result of systemic or societal barriers, a lack of affordable and appropriate housing, the individual/ household's financial, mental, cognitive, behavioural or physical challenges, and/or racism and discrimination.

Indicator: An indicator is an observable, measurable piece of information about a particular outcome that shows the extent to which the outcome has been achieved. Indicators are used to evaluate different program/project outputs to identify the changes they create. They can be quantitative (i.e., numbers, statistics) or qualitative (i.e., judgments, perceptions). They can also measure changes at several different levels, including individual, family, neighbourhood, community, and regional.

Low Income Measure-After Tax (LIM-AT): The Low-income measure, after tax, refers to a fixed percentage (50%) of median adjusted after-tax income of private households.

Protective Factors: Protective factors are positive characteristics, conditions and/or influences that can improve the lives of individuals and families, and the safety of a community. These may mitigate the effect of being exposed to risk factors, and decrease the likelihood that individuals engage in, or become victims of crime.

Risk Factors: Risk factors are characteristics, conditions and/or influences present in the lives of individuals, families, communities or society. These may increase the presence of crime, victimization, or fear of crime in a community and may also increase the likelihood that individuals engage in crime and/or become victims of crime. It is important to note that these risk factors are multi-dimensional and may overlap with each other. Also, risk factors do not cause crime; however, when several risk factors are combined, there is a higher probability of someone coming into conflict with the law.

Social Determinants of Health: Social determinants of health refer to a specific group of social and economic factors within the broader determinants of health. These relate to an individual's place in society, such as income, education or employment. Experiences of discrimination, racism and historical trauma are important social determinants of health for certain groups such as Indigenous Peoples, LGBTQ and Black Canadians.

Upstream prevention: Upstream prevention is about addressing the root causes of crime and victimization long before they lead to inequity or adverse experiences and conditions for an individual or community, which may lead to harm, including involvement in the justice system.

APPENDIX 2 – INDICATOR SELECTION CRITERIA

The following criteria* were used when prioritizing indicators:

- 1. Existing and well-established Measures that are already regularly reported by organizations across Thunder Bay. They are well-known and validated measures.
- 2. Regular collection Measures that are produced on an on-going basis (i.e., not a one-time collection of data). This will assist in tracking changes in the indicators over time.
- 3. Geography Measures that are available for Thunder Bay. Indicators that have a provincial comparator were prioritized.
- 4. Meaningful to CSWB Measures that are determined to be meaningful and relevant to community safety and well-being and appropriate for Thunder Bay's local context.
- 5. Easy to communicate Measures that are easily calculated and can be disseminated with ease to a variety of different stakeholders without requiring additional context.
- *Adapted with permission from Halton Region

NOTE: Not every indicator satisfies all criteria, but where possible, indicators that met most of the above criteria were prioritized. Indicators were selected to be representative of a wide variety of data sets. This Indicator Framework was endorsed by Thunder Bay's Community Safety and Well-Being Steering Committee.

APPENDIX 3 – UNITED NATIONS SUSTAINABLE DEVELOPMENT GOALS

The following ten SDGs are identified in this report:

- SDG 1: End poverty in all its forms everywhere
- SDG 2: End hunger, achieve food security and improved nutrition and promote sustainable agriculture
- SDG 3: Ensure healthy lives and promote well-being for all at all ages
- SDG 4: Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.
- SDG 5: Achieve gender equality and empower all women and girls
- SDG 8: Promote sustained, inclusive and sustainable economic growth, full and productive employment and decent work for all
- SDG 10: Reduce inequality within and among countries

- SDG 11: Make cities and human settlements inclusive, safe, resilient and sustainable
- SDG 13: Take urgent action to combat climate change and its impacts

SDG 16: Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels

REFERENCES

REFERENCES

- 1. Ministry of the Solicitor General. 2017. Community Safety and Well-Being Planning Framework: A Shared Commitment in Ontario. Booklet 3, Version.
- 2. Waterloo Region Crime Prevention Council. Upstream. https://preventingcrime.ca/our-work/upstream/. Retrieved February 13, 2021).
- 3. Ibid.
- 4. United Nations. Sustainable Development Agenda: Sustainable Development Goals. https://www.un.org/sustainabledevelopment/developmentagenda/. Retrieved Jan 5, 2021.
- 5. Ministry of the Solicitor General. 2017. Community Safety and Well-Being Planning Framework: A Shared Commitment in Ontario. Booklet 3, Version 2.
- 6. Canadian Municipal Network on Crime Prevention. 2020. Indicators for Crime Prevention and Community Safety & Well-Being Plans.
- 7. Ipsos Public Affairs. 2019. City of Thunder Bay Citizen Satisfaction Survey.
- 8. Barnwood Trust Research. Well-Being: The importance of Belonging. 2015. http://www.barnwoodtrust.org/wp-content/uploads/2017/08/ Importance_of_Belonging_Summary_v12-web.pdf. Retrieved March 10, 2021.
- 9. Ipsos Public Affairs. 2019. City of Thunder Bay Citizen Satisfaction Survey.
- 10. Quality of Life. https://en.wikipedia.org/wiki/Quality of life#. Retrieved March 2, 2021.
- 11. Ipsos Public Affairs. 2019. City of Thunder Bay Citizen Satisfaction Survey.
- 12. Ipsos Public Affairs. 2019. City of Thunder Bay Citizen Satisfaction Survey.
- 13. Yin Paradies, Jehonathan Ben, Nida Denson, Amanuel Elias, Naomi Priest, Alex Pieterse, Arpana Gupta, Margaret Kelaher, and Gilbert Gee. 2015. Racism as a determinant of health: A systematic review and meta-analysis.

- 4. American Academy of Pediatrics. Reaching Teens, 2nd Edition. The Traumatic Impact of Racism and Discrimination on Young People and How to Talk About It. https://www.seattlechildrens.org/globalassets/documents/clinics/diversity/thetraumatic-impact-of-racism-and-discriminationon-young-people-and-how-to-talk-about-it.pdf. Retrieved. March 2, 2021.
- 15. Medican News Today. 2020. What to know about racial trauma. https://www.medicalnewstoday.com/articles/racial-trauma. Retrieved February 26, 2021.
- 16. Ipsos Public Affairs. 2019. City of Thunder Bay Citizen Satisfaction Survey.
- 17. Statistics Canada. 2017. Canadians' perceptions of personal safety and crime. Retrieved from https://www150.statcan.gc.ca/n1/daily-quotidien/171212/dq171212b-eng.htm. Retrieved Dec 20, 2020.
- 18. Ibid.
- 19. Ontario Agency for Health Protection and Promotion (Public Health Ontario). Snapshots: Self-Reported Overall Health Snapshot: Perceived mental health is very good or excellent 2015–2016 [Internet]. Toronto, ON: Queen's Printer for Ontario; c2019 [updated 2019 Sept 30; cited 2020 Feb 10].
- 20. Canadian Index of Well-Being, University of Waterloo. nd. Percentage of population that rates their overall health as very good or excellent. Retrieved from: https://uwaterloo.ca/canadianindex-wellbeing/what-we-do/domains-andindicators/ percentage-population-rates-theiroverall-health-very-good Dec 20, 2020.
- 21. Ontario Agency for Health Protection and Promotion (Public Health Ontario). Snapshots: Self-Reported Overall Health Snapshot: Perceived mental health is very good or excellent 2015–2016 [Internet]. Toronto, ON: Queen's Printer for Ontario; c2019 [updated 2019 Sept 30; cited 2020 Feb 10].
- 22. World Health Organization. 2014. Mental health: a state of well-being. Retrieved from: http://www.who.int/features/factfles/ mental health/en/January 21, 2021.
- 23. Canadian Mental Health Association. nd. Social Determinants of Health. https://ontario.cmha.ca/provincial-policy/social-determinants/. Retrieved April 14, 2021.
- 24. Canadian Mental Health Association. nd. Connection between mental and physical health. Retrieved from https://ontario.cmha.ca/documents/connection-between-mental-andphysical-health/ on February 13, 2021.
- 25. The Centre for Addictions and Mental Health. nd. Mental Health and Addictions: Facts and Statistics. https://www.camh.ca/en/driving-change/thecrisis-is-real/mental-health-statistics. Retrieved on February 13, 2021.

- 26. Ontario Agency for Health Protection and Promotion (Public Health Ontario). Snapshots: Smoking Snapshot: Self-reported adult daily smoking rate 2015–2016 [Internet]. Toronto, ON: Queen's Printer for Ontario; c2019 [updated 2019 Sept 30; cited 2020 Feb 10].
- 27. The Lung Association. Smoking and Tobacco Statistics. Retrieved from https://www.lung.ca/lung-health/lung-info/lung-statistics/smokingand-tobacco-statistics on May 15, 2021.
- 28. The Integrated Public Health Information System (iPHIS), 2019. Date extracted: February 5, 2020.
- 29. Public Health Ontario. The Burden of Chronic Diseases in Ontario. Retrieved from https://www.publichealthontario.ca/-/media/documents/C/2019/cdburden-report.pdf?la=en May 15, 2021.

 30. Ibid.
- 33. Ontario Agency for Health Protection and Promotion (Public Health Ontario). Snapshots: Alcohol Use Snapshot: Self-reported rate of exceeding either low-risk alcohol drinking guideline 2015–2016 [Internet]. Toronto, ON: Queen's Printer for Ontario; c2019 [updated 2019 Sept 30; cited 2020 Feb 10].
- 34. World Health Organization. Alcohol. Retrieved from https://www.who.int/news-room/fact-sheets/detail/alcohol on March 10, 2021.
- 35. Ibid.
- 36. Gomes T, Murray R, Kolla G, Leece P, Bansal S, Besharah J, Cahill T, Campbell T, Fritz A, Munro C, Toner L, Watford J. 2021. Changing Circumstances Surrounding Opioid-Related Deaths in Ontario during the COVID-19 Pandemic. Retrieved from https://odprn.ca/wp-content/uploads/2021/05/Changing-Circumstances-Surrounding-OpioidRelated-Deaths.pdf. June 4, 2021.
- 37. Ontario Agency for Health Protection and Promotion (Public Health Ontario). Interactive Opioid Tool. Toronto, ON: Queen's Printer for Ontario; 2020. Retrieved from: https://www.publichealthontario.ca/en/data-andanalysis/substance-use/interactive-opioid-tool Feb 10.
- 38. Gomes T, Murray R, Kolla G, Leece P, Bansal S, Besharah J, Cahill T, Campbell T, Fritz A, Munro C, Toner L, Watford J. 2021. Changing Circumstances Surrounding Opioid-Related Deaths in Ontario during the COVID-19 Pandemic. Retrieved from https://odprn.ca/wp-content/uploads/2021/05/Changing-Circumstances-Surrounding-Opioid-Related-Deaths.pdf. June 4, 2021.
- 39. Statistics Canada. Table 13-10-0753-01. Premature and potentially avoidable mortality, three year period, Canada, Provinces, territories, health regions (2018 boundaries) and peer groups.
- 40. University of Manitoba. Premature Mortality Rate (PMR). Retrieved from http://mchp-appserv.cpe.umanitoba.ca/viewDefinition.php?definitionID=103381 May 20, 2021. arrests and self-reports. American Economic Review, 2004, v94(1,Mar), 155-189.

- 41. Statistics Canada. Table 35-10-0026-01 Crime severity index and weighted clearance rates, Canada, provinces, territories and Census Metropolitan Areas.
- 42. Statistics Canada. Measuring Crime in Canada: Introducing the Crime Severity Index and Improvements to the Uniform Crime Reporting Survey. http://www.statcan.gc.ca/pub/85-004-x/2009001/part-partie1-eng.htm. Retrieved May 10, 2021
- 43. Statistics Canada. Table:35-10-0177-01-Incidentbased crime statistics, by detailed violations, annual (number unless otherwise noted), CANSIM (database). Retrieved Jan 10, 2021.
- 44. Ipsos Public Affairs. 2019. City of Thunder Bay Citizen Satisfaction Survey.
- 45. Statistics Canada. Table:35-10-0177-01-Incidentbased crime statistics, by detailed violations, annual (number unless otherwise noted), CANSIM (database). Retrieved Jan 10, 2021.
- 46. World Health Organization. nd. Violence- A Global Public Health Problem. https://www.who.int/violence_injury_prevention/violence/world_report/en/chap1.pdf. Retrieved May 10, 2021.
- 47. Thunder Bay Police Service Annual Report 2019.
- 48. Ibid.
- 49. Ibid.
- 50. Canadian Centre for Justice Statistics (2016). "Family violence in Canada: A statistical profile, 2014." Juristat, Statistics Canada Catalogue no. 85-002-X. 4. Boyce, J. (2016). "Victimisation Aboriginal People in Canada, 2014." Juristat, Statistics Canada Catalogue no. 85-002-X.
- 51. Huffington Post. 2021. Domestic Violence Calls In Canada Almost Doubled During COVID-19 Pandemic. https://www.huffingtonpost.ca/entry/canada-domestic-violence-double-covid-pandemic_ca_6033dadac5b67c32961f779f.
- 52. Statistics Canada. Table 35-10-0191-01 Policereported hate crime, number of incidents and rate per 100,000 population, Census Metropolitan Areas.
- 53. Statistics Canada. Income highlight table. Retrieved from https://www12.statcan.gc.ca/census-recensement/2016/dp-pd/hlt-fst/inc-rev/Table.cfm?Lang=Eng&T=302&S=88&O=D&RPP=25 June 6, 2021.
- 54. World Health Organization. Poverty and Social Determinants of Health. Retrieved from https://www.euro.who.int/en/health-topics/environment-and-health/urban-health/activities/poverty-and-social-determinants June 2, 2021
- 55. Evidence Network. The impact of Poverty on Health. Retrieved from http://evidencenetwork.ca/

- backgrounder-the-impact-of-poverty-on-health/ June 21, 2021.
- 56. Statistics Canada. Table 11-10-0017-01 Census families by family type and family composition including before and after-tax median income of the family.
- 57. Zon, N. and H. Aldridge. Maytree Policy Brief. 2018. Why is lone-parent poverty so high and what can we do about it?
- 58. Thunder Bay Point in Time (PIT) count 2018.
- 59. Ibid.
- 60. John Howard Society of Ontario. (no date). The Counter Point-Issue 5: Houses Are More Than Homes: How Housing Programs Improve Community Safety.
- 61. Ibid
- 62. Statistics Canada, 2016 Census of Population, Statistics Canada Catalogue no. 98-400-X2016228.
- 63. New York Times. https://www.nytimes.com/ask/answers/monthly-budget-rent-income. Retrieved June 1, 2021.
- 64. Statistics Canada. Table 14-10-0380-01 Labour force characteristics, three-month moving average, seasonally adjusted.
- 65. Levitt, Steven D. 2004. Understanding Why Crime Fell in the 1990s: Four Factors that Explain the Decline and Six that Do Not. Journal of Economic Perspectives—Vol 18, No. 1. Pages 163–190.
- 66. 18. Janko, Z. & G. Gurleen. 2013. Examining the Link between Crime and Unemployment: A Time Series Analysis for Canada. Sheffield Economic Research Paper Series SERP Number: 2013001.
- 67. Statistics Canada. Table 14-10-0380-01 Labour force characteristics, three-month moving average, seasonally adjusted
- 68. Canadian Community Health Survey (CCHS) 2015–16, Statistics Canada, Ontario Share File, Distributed by Ontario MOHLTC
- 69. University of Toronto. Food Insecurity Policy Research. Household Food Insecurity in Canada.
- 70. Statistics Canada 2018.
- 71. Lochner, L., and E. Moretti. 2003. The effect of education on crime: evidence from prison inmates.
- 72. Statistics Canada. Table 38-10-0020-01 Parks and green spaces.
- 73. Medical News Today. Green spaces in cities can help people live longer https://www.medicalnewstoday.com/articles/327177

- 74. Ibid.
- 75. 2016 Baseline GHG-GPC Protocol.
- 76. Government of Canada. Greenhouse Gas Emissions. Retrieved from: https://www.canada. ca/en/environment-climate-change/services/environmental-indicators/greenhouse-as emissions.html-May 10, 2021.
- 77. City of Thunder Bay. Net Zero Strategy. Retrieved from https://getinvolvedthunderbay.ca/community_energy-plan June 2, 2021.
- 78. Data from City of Thunder Bay-City Clerk's Office. March 2021.
- 79. Association of Municipalities of Ontario. 2018 Ontario Municipal Elections. Retrieved from https://elections.amo.on.ca/web/en/home June 6, 2021.
- 80. Canadian Index of Well-Being. The importance of voting in municipal elections. Retrieved from https://uwaterloo.ca/canadian-index-wellbeing/blog/post/importance-voting-municipal-elections June 2, 2021.
- 81. Ipsos Public Affairs. 2019. City of Thunder Bay Citizen Satisfaction Survey.
- 82. Canadian Index of Well-Being. The importance of voting in municipal elections. Retrieved from https://uwaterloo.ca/canadian-index-wellbeing/blog/post/importance-voting-municipal-elections

THUNDER BAY CRIME PREVENTION COUNCIL

Corporate Strategic Services 2nd Floor, City Hall 500 Donald St. E. Thunder Bay, ON Canada P7E 5V3 thunderbay.ca/crimeprevention facebook.com/CrimePreventionThunderBay www.thunderbay.ca/cswb email: lee-ann.chevrette@thunderbay.ca Phone: 807-625-2554