

Appendix 1A: Maternal Substance Use & Child Working Group Environmental Scan Organizational Chart (FINAL) – Doug Kashak – August 25, 2014

Name & Address of Organization	Admission Criteria	Program Information	Hours of operation
<p>AA/NA/Alanon (Intergroup Area 85 – District 3. Thunder Bay Lakehead Intergroup)</p> <p>516 Victoria Ave. East Ste. 3, Thunder Bay On. (807) 623-1712</p>	<p>AA - Individuals with a drinking problem who wish to achieve sobriety</p> <p>NA – Individuals with a substance use problem who wish to achieve sobriety</p> <p>Service Type: C</p>	<p>Functions as fellowship group of men and women who meet to attain and maintain sobriety through the suggested 12-steps for recovery from alcoholism</p> <p>Self-referral, self-attendance</p>	<p>Office is available by phone 24 hours a day, 7 days a week at (807)623-1712</p> <p>List of scheduled meetings at http://www.aa-nwo-area85.org/district1.htm</p>
<p>Addiction Services Initiative – Ontario Works (Joint program between OW and Thunder Bay Counseling Centre)</p> <p>(807)766-2111</p>	<p>Individual must be in receipt of Ontario Works and identify substance use as a barrier to employment</p> <p>Service Type: C</p>	<p>This initiative helps Ontario Works participants remove substance use as a barrier to finding and/or keeping employment. Services include confidential counseling, outreach, advocacy, support and education groups, as well as connect to community resources.</p> <p>Referral from OW Worker & Individual</p>	<p>Ontario Works office open Monday to Friday 8:30am-4:30pm.</p>
<p>AIDS Thunder Bay (Elevate NOW)</p> <p>574 Memorial Avenue (807)345-1516 or 1-800-488-5840</p>	<p>Criteria based on program, office open to public, target audience: those living with or at risk of HIV/AIDS or Hepatitis C (HCV)</p> <p>Service Type: (D), (F)</p>	<p>HIV Clinical Care Program – specialized HIV care for persons living with HIV or AIDS.</p> <p>Hepatitis C Programming - multidisciplinary team includes a HCV treatment nurse, a community coordinator/case manager, a social worker, and an outreach worker.</p> <p>Prevention Programming - efforts are targeted to groups at risk for HIV and HCV infection. Peer outreach, community programming, and social marketing are all part of this effort. Main component to prevention are the Injection Drug Use Outreach program (IDUO) and the Hepatitis C Outreach Worker which target the injection drug using community.</p>	<p>Monday to Friday 8:30 – 4:30</p>

<p><i>(from within the 807 area code).</i> www.aidsthunderbay.org</p>		<p>Support Services - range of programs for persons living with HIV/AIDS and Hepatitis C, as well as those affected by the disease. Personal and family counselling, case management, health promotion, support groups, workshops, and personal assistance</p> <p>Education - community workshops, print and electronic information, harm reduction materials</p> <p>Advocacy - work locally, provincially and nationally to improve conditions for everyone affected by HIV/AIDS and Hepatitis C.</p> <p>Self-referral, friend or community referral</p>	
<p>Anshinawbe Mushkiki</p> <p>Thunder Bay Aboriginal Health Access Centre – 29 Royston Court Administration : (807)343-4843</p> <p>Telephone: (807)343-4819 http://mushkiki.com/</p> <p>Nurse Practitioner Clinic - Suite 2B - 101 N. Syndicate Avenue (807) 623-0383 http://www.amnpl.ca/</p>	<p>Aboriginal Community Health Centre: Aboriginal ancestry, some program specific criteria</p> <p>Nurse Practitioner-Led Clinic: Registration for the Nurse Practitioner-Led Clinic will be done using the following guidelines:</p> <p>1) You do not have a primary care provider and have been accessing walk-in clinics or the emergency department for your health care needs.</p> <p>2) You have a chronic disease which requires on-going medications and monitoring by a health care provider (diabetes, asthma, arthritis, hypertension etc.)</p> <p>3) As a Nurse Practitioner we do not have the authority to prescribe controlled substances, such as narcotics,</p>	<p>Aboriginal Community Health Centre: wide range of programs and services targeted towards the Aboriginal community using traditional and Western techniques. Programs include:</p> <p>Healthy Eating Active Living - provides nutritional and lifestyle programs targeted at local schools, and community agencies that have a high population of aboriginal people in an after school program</p> <p>Traditional Healing - offers Seasonal Feasting Ceremonies, Sweat Lodge Ceremonies, Drum Teachings, Traditional Crafts, Regalia Making and Anishnawbe language and culture teachings. The Traditional Coordinator invites elders for spiritual guidance and consultation, naming ceremonies, grieving ceremonies and provides access to Traditional Healers. The Traditional Coordinator also provides individual and community cultural education on the following:</p> <ul style="list-style-type: none"> • Medicine Wheel Teachings • Seven Grandfather Teachings • Clan Teachings • Traditional Child Rearing • Women’s Teachings • Four Sacred Medicines • Bundle Teachings <p>Kichewyajig – Aboriginal Seniors Program - cultural programming to Aboriginal seniors residing in long term care, runs twice per month</p> <p>FASD and Child Nutrition Program - for families with children and youth who may have been affected by alcohol before birth. The program:</p> <ul style="list-style-type: none"> • provides information, family support and activities related to Fetal Alcohol Spectrum Disorder 	<p>Aboriginal Community Health Centre</p> <p>HOURS OF OPERATION</p> <p>Monday – Friday 9:00 am – 5:00 pm</p> <p>WALK-IN-CLINIC</p> <p>Monday and Wednesday 1:30 pm – 4:30 pm</p> <p>Nurse Practitioner-Led Clinic</p> <p>Please call for hours</p>

Appendix 1A: Maternal Substance Use & Child Working Group Environmental Scan Organizational Chart (FINAL) – Doug Kashak – August 25, 2014

	<p>barbiturates, etc., and therefore may not be able to take on your care for these needs.</p> <p>Service Type: (C), (D), (F), (G)</p>	<ul style="list-style-type: none"> • offers educational opportunities to the broader community about the dangers of alcohol use during pregnancy, and • organizes activities that focus on healthy nutrition <p>Diabetes Program - The Diabetes Program is available to any adult Aboriginal person in Thunder Bay with diabetes, pre-diabetes or is at risk for the development of diabetes</p> <p>Clinic Services - A team of physicians and nurse practitioners are available to clients of the Anishnawbe Mushkiki Health Centre. Services offered include:</p> <ul style="list-style-type: none"> • Pre/Postnatal Care • Family Health Care • Immunization • Sexual Health Counselling • Screening/Monitoring of Chronic Illnesses • Diabetes Program • Referral Services to Specialists • Dietician • Diabetes Health Educator • Foot Care Nurse • Chiropodist <p>Health Promotion - A combination of mainstream and traditional programs and services aimed at improving the health of Aboriginal people</p> <p>Nurse Practitioner Clinic: primary health care services, with a focus on aboriginal health and Chronic Disease Management. Offers the following programs:</p> <p>Health Promotion –</p> <p>Chronic Diseases -</p> <p>Self-referral</p>	
<p>Balmoral Withdrawal Management - St. Joseph's Care Group</p>	<p>Ages: 16 year(s) and up</p> <ul style="list-style-type: none"> • Must be conscious, ambulatory and medically stable 	<p>Level 3 facility, with 22 crisis management and stabilization beds, including 24-hour nursing support.</p> <p>Programming includes:</p> <p>Back to Basics Recovery Group:</p>	<p>Open 24 hours a day, 7 days a week</p> <p>Abstinence based program</p>

<p>667 Sibley Drive, Thunder Bay, (807)623-6515</p> <p>http://sjcq.net/services/mental-health_addictions/mha-gambling/withdrawal-management/main.aspx</p>	<ul style="list-style-type: none"> Individual is intoxicated, in active withdrawal, or in crisis which places them at high risk of relapsing <p>Early Recovery Group</p> <ul style="list-style-type: none"> Individuals must be stable enough to engage in group discussions and have completed an alcohol and drug assessment <p>Service Type: (C), (J – withdrawal Centre)</p>	<ul style="list-style-type: none"> Life skills training Education and awareness Relapse prevention strategies Facilitates access to community resources <p>Early Recovery Group</p> <ul style="list-style-type: none"> Provides support for those who are struggling with a decision about committing to substance use treatment Works to increase motivation to persist with treatment goals <p>Daytox</p> <ul style="list-style-type: none"> Provides a structured, client-centred program for people who do not require residential detoxification to manage their withdrawal from alcohol and other drugs Offers education, individual and group support <p>Referrals may be made by hospital, police or the individual Call to inquire if a bed is available, staff will complete a quick screening over the phone to ensure it is safe for the individual to detoxify at the Centre</p>	
<p>Beendigen Main Office - 100 Anemki Drive, Suite 103 Fort William First Nation, ON P7J 1J4 P: (807) 622-1121 F: (807) 622-2240</p> <p>Programs & Services: P: (807) 344-9579</p> <p>Crisis Line:</p>	<p>Women and children who have been affected by family or domestic violence related issues.</p> <p>Eligibility for Beendigen's transitional units is limited to women and children, with priority given to women leaving Beendigen's Crisis Home</p> <p>Service Type: (A), (C), (D), (E), (H- Education around the effects of domestic violence)</p>	<p>Quality services to abused women through individual and group programming. Incorporates the Seven Grandfather Teachings into all of our programs. They are: Honesty, Respect, Wisdom, Truth, Humility, Bravery and Love.</p> <p>Native Women's Crisis Home: free emergency shelter for women and children who require safe accommodations and are seeking refuge from abuse. Location is confidential and is safe and secure. Can provide accommodations for up to 24 women and children. The average stay for women and children is six weeks.</p> <p>Wakaigin Housing: housing and supportive care to help women get through their crisis and ensure they have a safe environment to live free from violence. 14 transitional and 12 permanent rent geared to the income units. Supportive services are provided to families in transitional units by an outreach worker, and tenants are also able to access programming and services offered by Beendigen.</p> <p>Healing Our Own Counselling Unit: wide range of holistic healing services to Aboriginal women and children in the community</p>	<p>Hours dependent on programming.</p> <p>Crisis Home, Crisis Line, and Talk4Healing – 24hours/day, 7 days/week</p> <p>Women's Walk-in Counselling Every Friday: 9:00am - 12:00pm Every Tuesday: 5:00pm - 8:00pm</p>

<p>P: (807) 346-HELP (4357) Toll Free: 1-888-200-9997</p> <p>Talk4Healing 1 855 554 HEAL</p> <p>http://www.beendigen.com/</p>		<ul style="list-style-type: none"> • Crisis Counselling • Sacred Circle • Women's Addictions Program • Women Living Free From Violence Group • Child Witness • Self Esteem/Assertiveness • Anger Management for Women (Court Approved) • Sexual Abuse/Sexual Assault Healing • Grief Counselling • Walk-in Counselling <p>Community Action Plan For Children (CAPC) - programing for aboriginal families with children from 0 to 6 years of age that specifically promotes the healthy development and well-being of children</p> <ul style="list-style-type: none"> • You Make the Difference Program • Drop In Parenting Group • Parental Relief Group • Walking Club & Nutritional Sharing Group • Drop In Family Fitness Group • Family Circle (Education and Resource Information) <p>Additional services include:</p> <ul style="list-style-type: none"> • ABC's for Living Program (Life Skills for Children) • Kash-kwa-son (Traditional circles) • Nutritional Bingo • Parent & Child Interaction Time <p>Prenatal Program: programing to improve the nutritional health of Aboriginal expectant mothers and those with babies up to six months of age who live off-reserve. Cultural awareness and teachings are included in all components of the program. Weekly programs with the following information:</p> <ul style="list-style-type: none"> • Prenatal care • Your pregnancy • Nutrition • Healthy lifestyles • Breast-feeding 	<p>112 Ontario Street P: (807) 344-9579</p>
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		<ul style="list-style-type: none"> • Labour & Birth • Caring for your baby <p>National Native Alcohol & Drug Addiction Program (NNADAP): education and support to those dealing with addiction issues with the following services:</p> <ul style="list-style-type: none"> • Individual counselling • Assessments and aftercare • Education, prevention and wellness • Referrals for treatment and other healing <p>Family Court Support Program - provides help to make the family court system easier to understand, while offering supports to women and children affected by violence or abuse</p> <p>Talk4Healing help line available 24 hours a day; 7 days a week with services in English, Ojibway, Oji-Cree, and Cree</p> <p>Self-referral mostly, may be referred by other community partners or services</p>	
<p>Biidaaban Healing Lodge</p> <p>Heron Bay Ontario POT 1R0 (807) 229-3592</p> <p>1(888)432-7102 Toll Free</p> <p>email: request@biidaaban.com</p> <p>http://biidaaban.com/</p>	<p>Aboriginal Peoples and Communities in the Robinson - Superior Treaty Area which include: Fort William First Nation, Kiashke Zaag'ing Anishinaabek (Gull Bay), Ginoogaming First Nation, Lake Nipigon First Nation, Long Lake #58 First Nation, Michipicoton First Nation, Ojibways of the Pic River First Nation, Pays Plat First Nation, Pic Mobert First Nation, Red Rock First Nation, Rocky Bay First Nation, White Sand First Nation.</p> <p>Also mandated to provide services to all Aboriginal People</p>	<p>12 unit facility that provides the Aboriginal population in the Robinson-Superior Area with Residential and Community-based Programming:</p> <p>Anger Solutions: five day program that provides participants with the necessary knowledge, skills and attitudes required to understand the effects of unresolved anger on the individual, family, community and nation</p> <p>Grief & Abandonment: ten day program designed to give clients a comprehensive understanding of the stages and cycles of grief, how grief and loss have impacted their lives, and tools for dealing with grief</p> <p>Sexual Abuse Survivors: ten day program designed to provide a safe, supportive environment in which clients will examine the impact sexual abuse has had on their lives, physically, emotionally, mentally and spiritually</p> <p>Can be self-referral Referral from another organization</p>	<p>SEXUAL ABUSE SURVIVORS April 22 - May 1, 2014 September 22 - October 1, 2014</p> <p>ADULT CHILDREN of TRAUMA March 23 - April 3, 2015</p> <p>GRIEF & ABANDONMENT June 23 - June 30, 2014 August 18 - August 27, 2014 November 24 - December 3, 2014</p>

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	<p>residing in surrounding localities: The Town of Wawa ,The Town of White River ,The Town of Manitouwadge ,The Town Centre of Marathon The Town of Schrieber, The Village of Rosspport, The Town of Nipigon, The Town of Pearl, The Town of Dorion, The Town of Red Rock, The Town of Beardmore The Community of Macdiarmid, The Town of Longlac, The Town of Armstrong and other communities that may fall in this area.</p> <p>Service Type: (A), (C)</p>		<p>February 16 - February 25, 2015 ANGER SOLUTIONS May 26 - May 30, 2014 July 21 - July 25, 2014 October 27 - October 31, 2014 January 19 - January 23, 2015</p>
<p>BISNO – Brain Injury Services of Northern Ontario</p> <p>Regional Head Office – 426 Balmoral Street Transitional (807) 623-1188</p> <p>Learning Centre – 130 Castlegreen Dr. (807) 768-1881</p>	<p>Provided to individuals with an “acquired brain injury” – injury resulted after birth</p> <p>16 years or older</p> <p>Service Type: (C), (E), (J – Brain injury support and advocacy group)</p>	<p>Provides rehabilitation and support services within the community to individuals living with the effects of an Acquired Brain Injury</p> <p>Community Services: goal of Community Services is to facilitate each individual’s optimum level of functioning to fully participate in meaningful life roles at, or as close as possible to the level they did prior to their acquired brain injury</p> <p>Assisted Living Services 9 Bed, 24 hour assisted living residence at the TLC (Transitional Learning Centre) in Thunder Bay. Also have 15 assisted living spaces at Andras Court. The goal of these services is to provide a structured setting that is respectful, safe and in which individuals can achieve their desired quality of life. This incorporates health, wellness, significant other involvement and meaningful activity and involvement in community life</p> <p>Individuals involved with BISNO's programs and services may access the following groups: Coffee Club, Art Group, TREK Group, Eat Well Cook Well</p>	<p>Monday to Friday 8:30 – 4:30</p>

<p>Adras Court – 120 Cumberland Street South (807) 345-4469</p> <p>http://www.bisno.org/</p>		<p>Addiction, mental health and community coordinator position DBT Therapy used in healthy lifestyles group</p> <p>Can be self or community referral – individual must agree and sign consents</p>	
<p>Boys and Girls Club 2 main locations:</p> <p>North Side 270 Windsor Street (807) 623-0354</p> <p>South Side 420 Vale Avenue (807)577-2290</p> <p>http://www.tbayboysandgirlsclub.org/</p>	<p>Children 4 – 18 years of age</p> <p>All programs require that a membership form be filled out each year starting in September, and regular school attendance is required to keep membership active.</p> <p>Service Type: (G), (J- children’s club)</p>	<p>Programs and services promote a sense of belonging, self-esteem, appreciation and ensure there is something for everyone at the club.</p> <p>Programs:</p> <ul style="list-style-type: none"> • Leadership • Resume Building • Cooking • HEAL Program (Healthy Eating & Active Living) • Homework Help • Readers are Leaders • Achieve Program (tutoring) • Girls Only • Climbing • Get Outdoors Club • Dance • Boxing • Hockey • Various Sports in the Gym • Arts & Crafts <p>After School Drop-In: has a huge variety of activities for all children and youth JK - Grade 12 – operates during the school year.</p> <p>Summer Program: 7:45 - 11 am - Registered Before Care Program, 11 - 5 pm - Drop In and from 5 - 6 pm - Registered After Care. Leadership Programs, Wilderness Camping, Pizza Days and Outings. Fees apply.</p> <p>Child Nutrition: The Boys and Girls Club of Thunder Bay is dedicated to encouraging a nutritious and healthy lifestyle to all our members, and we do this through a number of ways: Breakfast Clubs, After school snacks, and Supper Programs at each site. Please see website for more</p>	<p>Please see website for details regarding hours of operation dependent on location and Program.</p>

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		<p>details.</p> <p>Outreach: Outreach is an extension of Main Club activities at area schools reducing the transportation barrier.</p> <p>Self or parent referral</p>	
<p>Bright Star Clinic 235 Syndicate Ave South, Thunder Bay, ON P7E 1E1 807-625-5400</p>	<p>Individuals with an opiate addiction</p> <p>Must have a valid health card</p> <p>Service Type: (C)</p>	<p>Offers a methadone maintenance program for individuals dependent on opioids based on an intensive outpatient model, over a 12-24 month period</p> <p>Services include:</p> <ul style="list-style-type: none"> • Initial intake screening procedure • A signed treatment contract • Focused medical examination • Appropriate lab tests • Initial as well as ongoing supervised urinalysis • Weekly group and individual therapy • Regular medical follow-ups and supervision • Regular daily Methadone dosing • Treatment of addiction related illness and/or diseases (such as Hepatitis C and HIV infection) • After care program <p>Offers a Suboxone treatment program as an alternative to methadone</p> <p>Self-referral - new applicants must go through an intake process within the clinic</p>	<p>Mon-Fri 8am-4pm Clinic: Sat-Sun 9am-1pm New client intake: Tue-Fri 9am-12 noon</p>
<p>Canadian Mental Health Association (CMHA) 200 Van Norman</p>	<p>Person or family who have challenges due to mental health issues – 16 and over (Crisis response is all ages)</p>	<p>Committed to supporting individual recovery and promoting mental wellness within families and communities.</p> <p><i>Court Diversion Services</i> - available to anyone over the age of 16 who finds themselves involved with the court system because of a mental health crisis.</p>	<p>Monday to Friday 8:30 am to 4:30 p.m.</p>

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<p>St, Thunder Bay, ON P7A 4B8 807-345-5564</p> <p>http://thunderbay.cmha.ca/</p>	<p>Service Type: (A), (C – with concurrent disorders), (E – specifically for persons with mental health concern)(I)</p>	<p><i>Court Rent Supplement</i> - provides rent supplements for clients over the age of 18 to access safe and affordable housing.</p> <p><i>Crisis Response services</i> - community based crisis support program for individuals experiencing a mental health crisis (all ages)</p> <p><i>Crisis Support Residence</i> - short-term stabilization for adults experiencing a mental health crisis</p> <p><i>First Place clinic and regional resource center</i> – specialized service that offers community based consultation and treatment for individuals who are experiencing a first episode of psychosis(14-35 years old)</p> <p><i>Getting appropriate personal and professional support (GAPPS)</i> – 16 and over –outreach for those individuals who are not connected to traditional services, are homeless and struggle with addiction issues.</p> <p><i>Homeless Outreach Program – (HOP)</i> – assists people who are homeless or at risk of becoming homeless to access resources needed to find safe, affordable, permanent housing</p> <p><i>Homelessness Initiative Program (HIP II)</i>- Provides rent supplements for clients to provide safe and affordable housing</p> <p><i>Housing First</i> – a minimal barrier housing service specifically designed for individuals with concurrent mental illness challenges, addictions and other challenges</p> <p><i>New Foundations</i> – supports to assist people in developing skills in education, employment, housing, and social rehabilitation.</p> <p><i>Family Mental Health Recovery Series</i> - 10 week education and support group for families who are looking for specific skills on how they can be most helpful in their relative’s recovery process</p> <p>Self-referral, family or referred by other agency</p>	
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<p>Catholic Family Development Centre</p> <p>380 Dufferin St, Thunder Bay, ON P7B 1N6 807-345-7323</p> <p>http://catholicfamilycentre.ca/site/</p>	<p>Depending on the program, adult male or female or couples.</p> <p>Service Type: (A), (H)</p>	<p>Not-for-profit nondenominational family service agency dedicated to strengthening and empowering families and individuals through a high quality service within a respectful, caring environment.</p> <p>Counseling Services for: Stress, Trauma, Separation/Divorce, Anxiety, Abuse/violence, parent/teen conflict, career changes, marital problems, Workplace/social problems.</p> <p>First Step Men’s Program - Anger Management program for men</p> <p>R.I.S.K Group (Recovery in self-knowledge) - a self-help/support group for women who are or have been in an abusive relationship.</p> <p>HOPE Group (Helping Other Parents through Empowerment) - Parent Support Group to assist parents who are troubled by their children’s negative behaviour.</p> <p>Support Services for Male Survivors of Sexual Abuse - provides free and confidential counselling support to men (16+)who have experienced sexual abuse or assault.</p> <p>Parenting – 4 session course – Parenting education</p> <p>E- Counselling – online counselling services</p> <p>Self or community service agency – on consent of the individual</p>	<p>Contact organization for hours of service and program times.</p>
<p>Centre for Addiction and Mental Health (CAMH)</p> <p>Thunder Bay (807) 626-9145</p>	<p>Provides information on the following issues:</p> <ul style="list-style-type: none"> • Child, Youth and Family Resources • Concurrent Disorders • Drugs and Addictions • Mental Health 	<ul style="list-style-type: none"> • Assists individuals, groups, or agencies in the prevention and management of problems related to alcohol or other drugs and to mental health • Works together with health and social service agencies, labour groups, educational institutions, and community organizations to assist in policy development, program design, implementation and evaluation, training and information seminars • Does not offer direct counseling <p>Individuals or organizations can contact for information</p>	<p>Monday to Friday 8:30 a.m. – 4:30 p.m. Live Operators from Monday to Friday 9:00 a.m. to 9:00 p.m.</p>

<p>www.camh.net</p>	<p>Service Type: (J – research and education)</p>		
<p>Children’s Centre Thunder Bay 283 Lisgar Street, Thunder Bay (807) 343-5000</p> <p>www.childrenscentre.ca</p>	<p>Depending on the programming, services for children 0-18, parenting programming and supports for all parents.</p> <p>Service Type: (A), (C-for children), (H), (J – residential for children)</p>	<p>Provides children’s mental health services to children, youth and their families living in Thunder Bay and the surrounding area.</p> <p>Parenting Education: <i>Information Sessions</i> – See website for more details</p> <p><i>Triple P Parenting</i> - multi-level parenting and family support strategy that aims to prevent severe behavioural, emotional and developmental problems in children by enhancing the knowledge, skills and confidence of parents. It is an evidenced-based parenting program which works for the majority of families. The Triple P Positive Parenting Program is a community-wide initiative and various levels of the program are offered throughout the city and district of Thunder Bay</p> <p><i>ICFI</i> - primarily aimed at helping parents develop parenting knowledge and skills to strengthen and improve their parenting</p> <p><i>Brief Counselling</i> - to address children’s mental health issues, family difficulties and parenting struggles that are better served using a focused treatment model</p> <p>Supervised Access Program – Visit and Exchange Services - Parents and/or caregivers who wish to use these services are asked to make initial contact with our Supervised Access Program Coordinator. Many families are court-ordered to use these services however self-referrals are required in order to begin the intake process. Referrals are only accepted when both parties (custodial and non-custodial) consent to these services. Lawyers for the parties and/or the Office of the Children's Lawyer may also make a request for service.</p> <p>Counselling <i>Brief Treatment</i> - Children, youth and their families can use this service to address children’s mental health issues, family difficulties and parenting struggles that are better served using a focused treatment model.</p>	<p>Mon-Thu 8:30am-6pm; Fri 8:30am-4:30pm</p>

		<p><i>Child and Family Treatment</i> - Office based service intended for children and youth, ages 6 to 17 and their families who require treatment for mental health difficulties and child psychological issues that are significantly affecting the child's functioning within the family, school or community setting. Presenting difficulties may include trauma, grief and loss, abuse, bullying, depression, anxiety and suicidal thinking.</p> <p><i>Walk In Counselling</i> - no restrictions to this service. People of any age for any concern including but not limited to mental health, parenting, marriage or couple issues, family or school difficulties, financial problems, grief and loss can attend the clinic. Children under the age of 12 must have parent or guardian consent.</p> <p>Early Intervention</p> <p><i>Infant Development</i> - Children, age birth to six, and their families are eligible for services if they have developmental disabilities or who are at risk for developmental delays, psychosocial problems or who present with significant social and behavioural challenges.</p> <p><i>Child and Family Treatment</i> - provides an early intervention service to families who have young children (birth – six (6) years) who are developmentally delayed, “at risk” of delay and/or who have behavioural, social, and/or emotional problems. The program provides assessment and treatment to improve the family’s ability to deal with developmental and/or mental health problems. A major emphasis is on enhancing the parent/child relationship.</p> <p><i>Developmental Assessment</i> - Children age 2- 6 who are receiving service at the Children's Centre may be eligible for this service. Once need is determined, a developmental assessment may be completed on children up to 6 years of age who are experiencing social, emotional, behavioural or developmental problems, and would benefit from a more comprehensive assessment to better understand the nature of the difficulties.</p> <p><i>Speech and Language</i> - Children from birth until entry into Senior Kindergarten are eligible to receive services. No child is too young for a screening provided that problems are suspected. Children attending Senior Kindergarten are not eligible as these children are served through the School System, Community Care Access Centre, George Jeffrey Children's Centre, or Integrated Services for Northern Children. Please speak to your child's teacher or principal for more details about these services.</p>	
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		<p><i>Preschool Assessment and Consultation</i> - Children from birth until entry into Senior Kindergarten are eligible to receive services. No child is too young for a screening provided that problems are suspected. Children attending Senior Kindergarten are not eligible as these children are served through the School System, Community Care Access Centre, George Jeffrey Children's Centre, or Integrated Services for Northern Children. Please speak to your child's teacher or principal for more details about these services.</p> <p>Autism Assessments Children who are suspected of having ASD will first be screened to see if they are appropriate. Once this is completed and it is determined that they are appropriate for an assessment, the child and family will participate in an assessment and diagnosis of Autism Spectrum Disorder with a multi-disciplinary team of professionals from the fields of psychology, social work, and speech-language pathology. It is important to note that there may be a long wait for services.</p> <p><i>Autism YTP</i> - individual and family treatment which may involve counselling, skill development, advocacy, support, and education. <i>Autism IP</i> - provides Intensive Behaviour Intervention to children diagnosed with autism. More specifically, the child will receive between 20-30 hours of one-to-one treatment from a trained instructor therapist using a structured evidence-based program. The program operates during the school day usually from 9 to 2 pm. Parents are required to be involved in the program.</p> <p>Child Welfare Services Child Welfare Services, also known as the Family Intervention Team (F.I.T) team, offers intensive family assessment and treatment services to children and their families who are actively involved with the Thunder Bay Children's Aid Society.</p> <p>Substance Abuse Services (New Experience Program) - children and youth, ages 12 to 18 who are concurrently struggling with substance misuse (alcohol and other drugs) and social, emotional and/or behavioural difficulties. Presenting difficulties may include addiction issues together with trauma, grief and loss, abuse, depression, anxiety and suicidal thinking.</p>	
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Appendix 1A: Maternal Substance Use & Child Working Group Environmental Scan Organizational Chart (FINAL) – Doug Kashak – August 25, 2014

		<p>Parents and families of these youth are also eligible for service. Parent consultations are also available, even if a youth refuses service. Youth are not eligible for this service if</p> <ul style="list-style-type: none"> • there is a significant developmental issue/delays • the youth does not consent for service <p>Youth Justice Services – see website for more details School Based Services – see website for more details</p> <p>Short Term Assessment and Treatment - intensive residential mental health program for children ages 6-17 (target age 10-17) years who are experiencing severe social, behavioral and/or emotional difficulties; who are exhibiting psychiatric difficulties; who require a comprehensive mental health assessment; who are at high risk of self-harm and suicide; and whose family is in acute crises and is at imminent risk of breaking down.</p> <p>Service System Coordination - see website for more details</p> <p>Self-referral for children 12 and older or referral from parent with child under 12.</p>	
<p>Confederation College Counseling Services Confederation College, Student Success Centre, Shuniah Building, Rm 153</p> <p>(807) 475-6618</p> <p>http://www.confederationc.on.ca/counseling/</p>	<p>Must be an attending or perspective college student for most services. E-Counseling is open to students, prospective students and anyone residing in the Thunder Bay area.</p> <p>Service Type: (A)</p>	<p>Counseling services for the following: Career exploration, Personal counseling services (for stress, crisis, anxiety or depression, mental health issues, money problems, interpersonal problems), Academic advisement, E-Counseling and mental health screenings.</p> <p>Self-referral – Phone call or drop in to the centre</p>	<p>Open Monday to Friday 8:30 – 4:30 Some evening appointment from September to May if booked ahead</p>

<p>Crossroads Centre 580 North Algoma Street, Wing H Mailing address: Box 21116 Thunder Bay, ON P7A 8A7 (807)622-2730 http://www.crossroadscentre.ca/contact.html</p>	<p>To qualify for pre-treatment services, you must meet the following criteria:</p> <ul style="list-style-type: none"> • Alcohol and drug free for five (5) days • Have a confirmed treatment date at a short-term residential program • Willing to comply with the Terms of Residency • Have a current addictions assessment <p>To qualify for post-treatment services, you must meet the following criteria:</p> <ul style="list-style-type: none"> • Alcohol and drug free for five (5) days • Completed a short-term treatment program in the past year • Willing to comply with the Terms of Residency • Have a current addictions assessment • <p>Service Type: (C), (E)</p>	<p>28 bed residential pre- and post-treatment program for both male and females with addiction. There are two different categories of programs at the Centre; Pre-Treatment and Post-treatment.</p> <p>Pre-treatment Services - Services focus on assisting clients in stabilizing to attend treatment. Post-Treatment Services are designed to assist clients in making the transition to an independent, substance-free lifestyle <i>Peer support group</i></p> <p><i>One-to-one counselling</i> - Clients meet with their primary counsellors on a weekly basis to discuss progress toward personal goals and current issues and concerns and to work towards and review the mutually agreed upon recovery plan.</p> <p><i>Advocacy and Referrals</i> Staff can assist in finding community resources, providing support and, when necessary, acting as a liaison and advocate for clients.</p> <p><i>Group programming</i> Groups available: <i>Stabilization</i> <i>Explorations</i> <i>Pre-Treatment Discussion Group</i> <i>Pre-treatment Handling Stress</i> <i>Step Skills</i> <i>Recreation</i></p> <p>Post-treatment Services <i>Peer support group</i></p> <p><i>One-to-one counselling</i> - Clients meet with their primary counsellors on a weekly basis to discuss progress toward personal goals and current issues and concerns and to work towards and review the mutually agreed upon recovery plan.</p>	<p>Abstinence based in home pre-treatment and post treatment transitional counseling program. 7 days a week, 24 hour a day residential program.</p>
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		<p><i>Group programming</i></p> <p>Groups available:</p> <p><i>Relapse Prevention</i></p> <p><i>Life Skills</i></p> <p><i>Problem Solving</i></p> <p><i>Recreation</i></p> <p><i>Handling Stress</i></p> <p><i>Step Skills</i></p> <p><i>Anger Management</i></p> <p>Self-referral or referral from other professionals with consent from client. Must have ADAT and previous info of treatment and counseling used</p>	
<p>Dilico Anishinabek Family Care 200 Anemki Place, Fort William First Nation (807) 623-8511</p> <p>http://www.dilico.com</p>	<p>Child Welfare: Mandated service, families with children under the age of 16 that are of first nation decent or identify as first nation, and where as a referral has been made to the agency that falls within the parameters of a child in need of protection under the Child and Family Services Act.</p> <p>Health Services:</p> <p>Dependent on the program. For the most part for children and families that are of aboriginal decent or identify with aboriginal culture</p> <p>Mental Health and Addiction</p>	<p>Child Welfare - promotes family strengths to ensure that the health, safety and well-being of Anishinabek children are upheld and protected. With a focus on prevention, early intervention and protection in partnership with individuals, families and communities, children are cared for with respect of their cultural background and overall quality of life.</p> <p><i>Protection Services</i> - To ensure that the health, safety and well-being of First Nation children are upheld and protected, Protection Services works to promote and enhance family strengths through collaboration and partnerships with families, communities and service providers.</p> <p><i>Children's Services</i> - believes that all children and youth should be supported to reach his or her full potential. Children's Services Workers provide services to children and youth in the care of the agency from admission to reunification with family. Children's Services Workers work in partnership with the child or youth, protection staff and the alternative care units to ensure the child's and youth's needs are met through the development of a Plan of Care. The Children's Services program also provides ongoing support, guidance and direction to children and youth to the age of 18 who reside in an alternative care placement. Services for youth 18 to 21 years who are on Extended Care and Maintenance are offered support in their transition to adulthood.</p> <p><i>Alternative Care Service</i> - consists of establishing and maintaining a network of alternative caregivers within the city of Thunder Bay, as well as throughout the district. When a child needs an alternative caregiver as a result of problems or challenges that are taking place within the</p>	<p>Child Welfare:</p> <p>24 hours a day, 7 days a week, emergency service available. Office hours are Monday to Friday, 9 – 4:30 p.m.</p> <p>Health Services:</p> <p>Walk in clinic available Wednesdays 5 p.m. – 8 p.m.</p> <p>Fridays 1 p.m. to 4 p.m.</p>

Appendix 1A: Maternal Substance Use & Child Working Group Environmental Scan Organizational Chart (FINAL) – Doug Kashak – August 25, 2014

	<p>Services</p> <p>Work with both children and adults, individuals, families or the community where mental health and addiction is prevalent – First nations</p> <p>Service Type: (A),(B),(C),(D),(F),(H)</p>	<p>child’s family, the Alternative Care service identifies an alternative placement for the child. Alternative placements may include customary care homes, kinship care homes and/or foster homes.</p> <p><i>Support Services</i> - provides assistance to other internal child welfare units.</p> <p>Health Services provides individual, family and community health programs and services for the life journey of all Anishinabek people. Services include health promotion, disease prevention, chronic disease management, primary health care and community and personal support.</p> <p><i>Community Health Services</i> – focus on preventative health care services with education on leading healthy lifestyles a priority</p> <p><i>Aboriginal Healthy babies/healthy children</i> – culturally appropriate support and prevention to mothers expecting a baby</p> <p><i>Home and Community Care Services</i> - For elder members of the community to care for themselves with the assistance of family and friends.</p> <p>Family Health Team This service includes physicians, nurse practitioner, nurses, social worker, a traditional healer and diabetes coordinator.</p> <p>Mental Health and Addiction Services provide strong support and treatment services, equitable access for individuals, families and communities. Assisting people with complex mental health issues, substance abuse issues and the difficulties of short term life stressors or more complex long term mental health concerns.</p> <p>Children’s Services are provided through individual or community services, Dilico provides assessment, treatment and follow-up services.</p> <p>Child Welfare Services: Self-referral or referral made by professionals or community members. Professionals have a duty to report to a child welfare agency when a child is in need of protection</p>	
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Appendix 1A: Maternal Substance Use & Child Working Group Environmental Scan Organizational Chart (FINAL) – Doug Kashak – August 25, 2014

		<p>Health Services: Self-referral or referral from other health professional</p> <p>Mental Health Services: For children services, referrals accepted from parents, community workers, agencies, schools, physicians, clients and other professionals provided the child or guardian is aware of the referral. Adult services referrals can be made by professionals or self-referrals, with consent of the individual</p>	
<p>Dilico Treatment Centre http://www.dilico.com/article/adult-residential-treatment-centre-136.asp</p>	<p>First Nation identified individual who has an addiction to alcohol or drugs.</p> <p>To qualify for the treatment facility, an ADAT is to be completed with recommendations for treatment.</p> <p>This is a Co-Ed, Adult program, 18 and over.</p> <p>Service Type: (C)</p>	<p>Adult Residential Centre: Adult Residential Centre provides a safe, clinically based approach to treatment for alcoholism and drug dependency. This is a 6 week co-ed treatment, which has 20 beds available and combines cultural teachings, and clinical counseling. Peer support, cooperation, open communication and shared rehabilitation goals are taught. Program offers intake and assessment process, group and individual counseling, cultural teachings and aftercare planning.</p> <p>After Care Program: A 12 week support program within the city of Thunder Bay includes counseling, relapse prevention training, education, case management and client centered support. The program is based on a harm reduction model of support. It encourages individuals who are in the aftercare program to stay involved until all of their needs are addressed.</p> <p>Referral from an addiction counselor or health care professional. ADAT To be completed</p>	<p>6 week program, 7 days a week, 24 hours a day residential treatment program</p>
<p>Drug Awareness Committee Thunder Bay District Health Unit,</p>	<p>N/A – Services group promoting prevention and awareness</p> <p>Service Type: (J)</p>	<p>Functions as a group with representation from various organizations and interested individuals that promotes prevention and awareness activities related to alcohol and substance misuse.</p>	<p>Group meets monthly. First Monday of the month from September – June at 9:00 a.m. at the Thunder Bay District</p>

Appendix 1A: Maternal Substance Use & Child Working Group Environmental Scan Organizational Chart (FINAL) – Doug Kashak – August 25, 2014

<p>999 Balmoral Street (807) 625-5980</p>			<p>Health Unit</p>
<p>Elizabeth Fry Society 116-105 May Street N. Thunder Bay (807)623-1319 http://elizabethfrynwo.org/</p>	<p>N/A – Information and advocacy</p> <p>This organization does offer group programming at the Thunder Bay Correctional Centre Operates a resource centre in the office</p> <p>Service Type: (I)</p>	<p>Advocacy programming:</p> <p>The goals of this agency are to:</p> <p>increase public awareness about the incarceration of women and to reduce the number of incarcerated women</p> <p>Increase the availability of local resources for those who are incarcerated</p> <p>Advocate and work with other women’s groups to fight poverty, racism and other forms of oppression.</p> <p>Self-referral or other services such as justice workers or family members</p>	<p>Monday, Wednesday and Friday. 10 a.m. – 5:00 p.m.</p>
<p>Faye Peterson Transition House (807) 345-4681 http://www.fayepeterson.org/</p>	<p>Women who have been victims of physical, emotional, sexual or financial abuse</p> <p>Service Type: (A),(E),</p>	<p>Women’s Shelter Services:</p> <p>Provides a safe and supportive temporary shelter environment, crisis services, counseling, outreach, advocacy, early childhood education and support groups to women, youth and their children.</p> <p>Residential Program</p> <p>The Faye Peterson Transition is a 24 bed shelter providing a safe shelter and support to abused women and children. Women and children receive in-house counselling and support programs to meet their needs. In addition the necessities of life are provided (e.g., food, clothing, medical attention, etc</p> <p>Community Resource Worker 50+ Program</p> <p>Provides advocacy, support, individual and group counselling, safety planning, assistance with housing applications, court, legal aid and lawyers appointments to abused women 50 years of</p>	<p>24 hours a day Emergency shelter</p>

		<p>age and over.</p> <p>Group Sessions Group session topics include, healing the trauma of abuse, videos on abuse, self-esteem, boundaries, stress management, self-care, women’s health, etc.</p> <p>Community Kitchen Group: This group is held once a month for women to learn and assist in making nutritious food according to the Canada Food Guide. It also gives women an opportunity to work together in a friendly, social atmosphere.</p> <p>Tuesday Program: This program offers women information and support. Topics included are: healthy relationships, family health issues, crafts, sewing and drop-ins (fun activities during drop-in).</p> <p>Journey Beyond Abuse Group: The Journey Beyond Abuse Group is a 16 week program designed to create a supportive and safe atmosphere where women can talk about their experiences. The group focuses on education, support and encouragement in a non-judgmental setting. Although there is a facilitator, it is meant to be a support group where women can find common bonds and support each other. The group is “closed” after the second group to promote safety within the group. Groups are ongoing from September through June. Group is free of charge.</p> <p>Child Witness Program: This 10 week group helps children identify and express emotions surrounding the violence, separation, shame, guilt and/or loss they are experiencing. Mothers receive support to help their children heal from the impact of being exposed to violence. Children attend their group in the evening with Mom following up the next day. Group is provided one to two times a year depending on ages of the children and is free of charge.</p> <p>Pre and Post Natal Services: Areas of Education for pre and post natal services include Maternal care, nutrition, baby care skills, infant attachment and effective parenting skills.</p> <p>Outreach Services: The program offers the following services to women who have left the shelter (ex-residents) and</p>	
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Appendix 1A: Maternal Substance Use & Child Working Group Environmental Scan Organizational Chart (FINAL) – Doug Kashak – August 25, 2014

		<p>non-residents who are survivors of abuse and live in Thunder Bay and outlying regions. These services include, individual counseling, crisis intervention and referral services, support and advocacy for medical, legal and court appointments, assistance in accessing employment and education, support groups and child care services are available and counseling services are flexible.</p> <p>Early Childhood Education Program: The Early Childhood Education Program is an inclusive childhood environment that fosters the growth and development of each child as an individual. The Early Childhood Educators plan and implement developmentally appropriate experiences and outings for the children and families staying at the house, allowing them to the opportunity to experience, grow and learn. Keeping routines and structure during this time of crisis is imperative</p> <p>Self-referral or referral from police or other social service agency</p>	
<p>Fetal Alcohol Support and Information Network (FASIN)</p> <p>(807)935-3168</p> <p>C/O Founders Murillo On. PO Box 100</p> <p>Information can be located on Canada211 link: http://search.211north.ca/record/TBY1477</p>	<p>Family members and caregivers of individuals with Fetal Alcohol Spectrum Disorder (FASD)</p> <p>Self-Referral</p> <p>Service Type: (H – Parenting Support – Peer Support Group)</p>	<p>Parenting Support Network:</p> <p>Provides information and support to families and individuals living with Fetal Alcohol Spectrum Disorder (FASD)</p> <p>Provides opportunities for parents and caregivers to learn from each other and problem-solve together</p> <p>Offers education and training regarding FASD</p> <p>Provides resource materials</p> <p>Participates in community activities that help raise awareness of FASD and its prevention</p>	<p>Support group – various locations, runs September - May</p>

Appendix 1A: Maternal Substance Use & Child Working Group Environmental Scan Organizational Chart (FINAL) – Doug Kashak – August 25, 2014

<p><i>Ishawiin Family Resources</i> <i>532 Edward Street North at the Redwood Opportunities Centre</i> <i>(807)622-5790</i> <i>Division of “Rising above counseling services”</i> http://www.risingabove.ca/ http://www.ishawin.ca <i>Ishawiin (Ojibway for “The Way”)</i></p>	<p>Counseling for: Individuals, couples, families and groups Adults, youth and children Special focus on First Nations People People of all cultures are welcome</p> <p>Service Type: (A), (C), (J)</p>	<p>Counseling Services:</p> <p>“Healthy individuals create strong families which are a strong foundation for strong communities and a strong people. We are a Christian organization with beliefs and practices based on the Bible. We serve First Nations in Thunder Bay and North Western Ontario”</p> <p>This organization provides counseling, support groups, seminars, workshops and training Counseling with regards to the following:</p> <p>Marriage and family concerns, abuse and trauma, self-esteem and identity, eating disorders, residential school experience, addictions, grief and crisis, depression and anxiety, pre-marital counseling, women's and men's issues, mental and spiritual health, and other concerns</p> <p>Self-referral</p>	
<p><i>Jansen’s Pharmacy (Bay Street) Methadone Clinic</i></p> <p><i>296 Bay Street, Thunder Bay On.</i> <i>(807) 345-1191</i></p> <p>http://www.janzen.ns.ca/</p>	<p>Limited info available</p> <p>Service Type: (J)</p>	<p>Limited info available</p>	<p>Week days 8:00 a.m. – 8:00 p.m. Saturday 9:00 – 5:00 Sunday 11:00 – 4:00</p>

<p>John Howard Society 315 S. Syndicate Ave. Thunder Bay (807)623-5355</p> <p>http://www.johnhowardtbay.on.ca/</p>	<p>For individuals who have been charged or involved in the criminal justice system. Most programming is for men and women over the age of 18. (Some programs specifically for men only)</p> <p>Service Type: (A), (E) (I)</p>	<p>Programs that are available:</p> <p>Direct Accountability Program For those individuals 18 and older that have been charged with a criminal offence. A restorative practice program that looks at alternatives to jail time, including attendance in programming and education, letter of apology, restitution and volunteer work.</p> <p>Bail Verification and Supervision Program For men and women who have been charged, do not pose a threat to breach their bail conditions and can not afford the bail attached.</p> <p>Community Service Order Program This is a community based sentencing alternative that allows individuals to make a positive contribution to the community by performing volunteer community work.</p> <p>Community Maintenance Program The Community Maintenance Program is a 12-week intensive program for Federal Parolees living in Thunder Bay. This program targets the reasons why individuals continue to be involved in criminal behaviours and helps to build skills in individuals to help avoid further criminal involvement.</p> <p>Remote aboriginal intervention Program This program provides assistance to aboriginal youth in remote communities that are in trouble with the law.</p> <p>On Track Program This program is for youth at risk and is based out of the Geraldton Composite High School</p> <p>Re-Integration Services Re-Integration Services works with both men and women leaving correctional centres and assists them by helping with getting re-established in the community.</p>	<p>Mon-Fri 8:30am-4:30pm Closed daily 12 noon-1pm</p> <p>Walk in Services: Wed-Fri 1pm-3pm</p>
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		<p>Residential services Historically residential services provided by JHS have only been offered to men that are 18 years old and older. Over this past year JHS has evolved this service creating a women's dorm within the residence and now offers housing on-site to women as well. 46 beds available to both men and women.</p> <p>Native Inmate Liason Services Native Inmate Liaison Services provide direct support to inmates at the Thunder Bay District Jail and the Thunder Bay Correctional Centre. Cultural and spiritual services are provided on site to promote healing and wellness.</p> <p>Referral from justice system representative or self-referral for some programming</p>	
<p>Kanawayhitowin http://www.kanawayhitowin.ca/</p>	<p>Women who have been involved in domestic violence or family violence.</p> <p>Men who are the perpetrators of family violence.</p> <p>Anyone who is aware of or has family members affected by family violence</p> <p>Service Type: (J)</p>	<p>Kanawayhitowin is an Aboriginal campaign to raise awareness about the signs of woman abuse in our communities, so that people who are close to an at-risk woman or abusive man can provide support. This campaign has been adapted from the Neighbours, Friends and Family initiative in the province of Ontario to reflect a traditional and cultural approach to community healing and wellness.</p> <p>Self-referral for information</p>	<p>Info available from any participating Women's Shelter in the province of Ontario</p>
<p>Lakehead University Counseling Centre - UC1007, 955 Oliver</p>	<p>Lakehead University Student</p> <p>Provincial or OHIP documentation and student card required</p>	<p>Counseling Services:</p> <p>The Lakehead University counseling team provides students with short or long term emotional support for issues concerning depression, eating disorders, family issues, general mental health issues, grief, relationship problems, stress or substance abuse concerns</p>	<p>Sep-Apr: Mon-Fri 8:45am-4:15pm (phone 8:30am-4:15pm) and usually a Tuesday evening clinic</p>

<p>Rd, Thunder Bay, ON P7B 5E1 (807)343-8361</p> <p>www.healthservices.lakeheadu.ca</p>	<p>Service Type: (A), (C), (F)</p>	<p>Medical professional services:</p> <p>The Lakehead University team of medical professionals provides the following services: Liquid nitrogen treatments, medical support for mental health concerns, primary care for episodic illnesses and chronic medical conditions, sexual health concerns, TB (Tuberculosis) Skin testing, not for academic purposes, wellness examinations and annual physicals</p> <p>Self-referral</p>	<p>(with phone closing at 7:15pm)</p> <p>May-Aug: Call for hours</p>
<p>Muskrat Dam Family Treatment Centre (The Reverend Tommy Beardy Memorial Weechehewayoga mik Family Treatment Centre)</p> <p>Muskrat Dam, Ontario, Canada POV 3B0 Phone: (807)471- 2554</p> <p>http://weechehewayogamik.com/index.html</p>	<p>First Nations individuals and Families in the Sioux Look-out area that are struggling with addiction (Alcohol and drug related) issues.</p> <p>Service Type: (C), (E), (G),</p>	<p>The mission statement of the Reverend Tommy Beardy Memorial Wee Che He Wayo Gamik Family Treatment Centre is to strengthen Native communities within the Sioux Lookout area by providing a residential program that will provide support and guidance to substance abusers and their families to understand and overcome their problems through the development of a strong spiritual base, the understanding of traditional values and beliefs and the development of attitudes and skills that will help them deal with changes within the community.</p> <p>The most effective way of strengthening the community is to involve entire families in identifying the causes of their problems and in developing solutions that are accepted by all members of the family. In that way, individual members of families returning to their communities will be able to provide support for each other in a caring environment and will be able, through example, to provide a model for other community members. This model will be based on maintaining a strong sense of spirituality and traditional values while being equipped to cope with a changing environment.</p> <p>Muskrat Dam Family Treatment Centre Programs Include:</p> <p>The Centre’s Program is a 6 week program which includes: Pre treatment and orientation at the community level Orientation Assessment of alcohol behavior Understanding the disease</p>	<p>6 week Programs</p>

Appendix 1A: Maternal Substance Use & Child Working Group Environmental Scan Organizational Chart (FINAL) – Doug Kashak – August 25, 2014

		<p>Relationships Healing of Memories Transition: return Home After care and follow up at the community level for one year</p> <p>Family Development Program This program consists of a six (6) weeks residential program attended by the whole family, followed by one year after care plan. The treatment program is divided into four (4) components. They are: Toddlers learning Centre, Students Learning Centre, Young Adults Program and Adults Program</p> <p>Referrals to the six week program can be made by: NNADAP Worker, Mental Health Workers, Clergy, Band Family Services Worker, Medical Personnel, Individuals, Other involved community service workers</p>	
<p>Nishnawbe Aski Nation Legal Services</p> <p>Head Office: 150 City Road, Fort William First Nation</p> <p>Main Office: 86 South Cumberland Street, Thunder Bay</p> <p>(807)622-1413</p> <p>http://www.nanlegal.on.ca/</p>	<p>This program serves the 49 First Nations which are part of the Nishnawbe Aski Nation</p> <p>Service Type: (I)</p>	<p>Nishnawbe-Aski Legal Services (NALSC) offers the following programs and services:</p> <p>Legal Aid Will help low income individuals with certain legal matters. Has the authority to give legal aid certificates to qualifying band members from the Nishnawbe Aski Nation in Northern Ontario (have employed, area Director, Legal Coordinator, 2 legal assessment officers and a legal assistant)</p> <p>Public Legal education Program is available to members of the 49 NAN communities and is an educational program that teaches individuals the law, teaches them how to deal with legal issues that affect their rights, and helps them understand the opportunities and rights under the legal system.</p> <p>Restorative Justice Restorative Justice is a unique method of achieving alternative justice. Our Restorative Justice program uses the Circle Process and a model called "Community Accountability Conferencing" (CAC). This model is based on the tradition of involving extended families in resolving disputes,</p>	<p>Mon-Fri</p> <p>9am-5pm</p>

		<p>and incorporates the beliefs, values, customs and practices of the community.</p> <p>Talking Together Program Talking Together is a restorative approach for dealing with child welfare issues. The program is an alternative dispute resolution option created in 2002 to address the child welfare needs of families from the NAN communities. Based on traditional healing circles. Purpose is to bring people together to discuss difficult issues in a non judgmental way. Also, intent is to see if a mutual agreement can be reached to solve the outlining problem.</p> <p>Victim Witness Liaison The Victim Witness Liaison (VWL) program helps victims and witnesses by providing information and support, making referrals to community and government agencies, and liaising with court personnel. The VWL program handles all cases pertaining to criminal law. Victim Witness Liaisons cannot contact or assist a perpetrator (offender). They only assist with the victims and witnesses and/or those who are assisting victims and witnesses</p> <p>Youth Intervention Initiative The CYIW plays an important role in the development of a local program and provides support and assistance to reintegrate youth back into the community - in a positive and meaningful way. The CYIW meets regularly with clients, and helps build their self-esteem while promoting a healthy life style.</p> <p>Youth Justice The intent of the program is to guide youth to a better understanding on how their behaviour affects others in the community, and to make amends by giving back to the community in a meaningful way. Youth will gain a new insight into the cause and effects of their behaviour. In addition, the program may help youth to develop new skills and interests, and to seek out new training opportunities. Self-referral</p>	
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<p>Norwest Community Health Centres</p> <p>525 Simpson St, Thunder Bay, ON P7C 3J6</p> <p>Sattelite offices in Longlac and Armstrong</p> <p>807-622-8235</p> <p>http://www.norwestchc.org/thunderbay.htm</p>	<p>Programs are free and confidential</p> <p>“We make special efforts to serve people who have a higher risk of poor health, or people who are having difficulty finding health care because of language, cultural barriers, poverty or isolation”</p> <p>Service Type: (D), (H)</p>	<p>Norwest Community Health Centre (Norwest CHC)</p> <p>Programs Offered:</p> <p>Aboriginal Populations Programming: This program includes a drop in Aboriginal craft program Tuesday evenings and a feast held quarterly. Once a month community kitchen for Aboriginal participants is also available</p> <p>Children and Youth Programs: The Norwest CHC provides a Roots of Empathy bullying prevention program for an SK class near the CHC. The organization also provides a summer cooking program for children, a babysitting course, a Home Alone safety program for children as well as Summer program for children and youth in the Limbrick area</p> <p>Early Years Programming: Early years programming provided by this organization includes Prenatal program for expecting parents, a play and Learn program for moms and their toddlers, and a monthly breakfast program for parents and toddlers. The organization also is a host for Triple P Parenting sessions, provide fluoride varnish applications for children and complete Fair Start screening for toddlers.</p> <p>Fetal Alcohol Spectrum Disorder Programming: This program includes a Caregiver program for parents, that works with caregivers and partners of individuals affected by FASD, a FASD training for agencies that provide services to individuals with FASD , Four day FASD training for students in the Youth and Child Worker program at Confederation College, as well as a major yearly FASD training event, that occurs typically in September</p> <p>Income, Financial Literacy and Life Skills: Norwest CHC offers financial literacy programs, Programs for either men or for women to gain self esteem, manager stress and anger, improve their relationships</p>	<p>Hours:</p> <p>Mon-Thu 8:30am-8pm; Fri 8:30am-4:30pm Urgent Care Clinic: Mon-Thu 4:30pm-8pm; Fri 1pm-4:30pm; Sat, Sun 10am-2pm</p> <p>The Ontario Ministry of Health and Long-Term Care funds the NorWest Community Health Centres</p>
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		<p>Nutrition Programs: This includes cooking demos for people who want to learn how to cook, a wellness program for people with diabetes or other chronic conditions, and Norwest CHC is a host site for the monthly Good Food Box, for fresh produce at discounted prices</p> <p>Outreach: Outreach includes attending Assef Court twice per month for activities for residents, attending Limbrick in conjunction with a weekly urgent care clinic, as well as attending Shelter House in conjunction with a weekly urgent care clinic</p> <p>Self-referral</p>	
<p>Ontario Addiction Treatment Centres (OATC) 3 sites</p> <p>Westfort 218 Fredrica Street (807)577-3540</p> <p>Port Arthur – Thunder Bay North 119 Cumberland Street N. (807) 768-2910</p> <p>Fort William (now in White Cedar) Thunder Bay South 421 Victoria Avenue East,</p>	<p>For Individuals who are challenged with a drug addiction and are seeking a treatment model that fits with harm reduction strategies</p> <p>Service Type: (C), (F)</p>	<p>OATC focuses on the model of Harm Reduction, while abstinence may be the model for some.</p> <p>Promotes the notion that left untreated, drug addiction causes many harmful outcomes included victimization, overdose, incarceration, relationship financial struggles and even death. Harm reduction principles seek to engage individuals in therapy using a non-judgmental approach in an attempt to motivate individuals to a healthier life style.</p> <p>Methadone Program The program is based on an Outpatient Harm Reduction Model, and includes the following: An initial intake interview , a Medical examination and laboratory tests, where appropriate, supervised urine testing, a signed treatment contract and treatment plan, addiction counselling, regular medical follow up, daily methadone dose, post-methadone treatment (i.e., relapse prevention, and medication where appropriate)</p> <p>Suboxone Program Same programming as in the Methadone program Further info re: Suboxone Program There are many reasons why Suboxone may be the preferred form of therapy. It can be less stigmatizing than methadone. Can often get to a stabilized or maintenance dose within the first or second day. Has a better safety profile (less likely to cause overdose, little to no</p>	<p>Office Hours,</p> <p>Monday – Friday 8:30 – 5:00 Saturday and Sunday 9:00 – 12:30 p.m. Closed Tuesday 12:30 – 1:00</p> <p>Promotes the idea of Harm Reduction Model</p>

<p>(807) 622-2900</p> <p>http://www.oatc.ca/about/about-oatc-clinics/</p>		<p>effect on heart rhythms). It may be easier to come off of than methadone. Suboxone is longer acting than methadone so may not require daily dosing. There are fewer side effects, such as constipation, than methadone.</p> <p>What are the disadvantages of Suboxone over that of methadone? May not fully satisfy cravings or block withdrawal symptoms for those with high tolerances. May be more costly if not covered by Ontario Drug Benefit Program. Dose adjustments may be more difficult. Suboxone may cause a “PRECIPITATED WITHDRAWAL”</p> <p>Self-referral or referral made by your doctor, psychiatrist, clinical psychologist, addiction counselor, other allied health professional, or employer on your behalf</p>	
<p>Ontario Native Women’s Association</p> <p>380 Ray Blvd., Thunder Bay</p> <p>(807) 623-3442</p> <p>www.onwa-tbay.ca</p>	<p>This organization works with Aboriginal women and their families</p> <p>Service Type: (A), (D), (F), (H), (I)</p>	<p>ONWA:</p> <ul style="list-style-type: none"> • Provides social and political support to Native women and their families by means of getting together in groups, socials and cultural activities; • Liaises with community organizations and educates them on concerns of Native women such as economic development and traditional healing • Lobbies the government for funding, employment training, and employment placements • Ensures that the views of Aboriginal women are represented in national, provincial and local policies, legislature developments and strategies <p>Programs Include:</p> <p>Aboriginal Diabetes Education The program offers a wide range of community-based, culturally appropriate activities and services to Aboriginal women and their families that are focused on education and prevention.</p> <p>The program objectives are to: Increase awareness of diabetes and its' effects on Aboriginal communities, develop and implement education and prevention programs for diabetes awareness, increase the practice of</p>	<p>Mon-Fri 9am-5pm</p>

		<p>healthy choices through improved access to healthy food and promotion of healthy eating, physical activity and healthy body weights, enhance knowledge and skills to have the capacity to design and deliver culturally appropriate health promotion and diabetes prevention activities, leverage partnerships and foster community action to collectively create environments where healthy choice is the easy choice</p> <p>Aboriginal Healthy Babies Healthy Children This program provides support to mothers and families of children 0-6 years old. The program includes home visiting, education and support on a host of maternal issues including FAS, nutrition, breastfeeding, bonding, parenting, pre and post natal care etc.</p> <p>Aboriginal Justice program Establishing Victim Services in Northwestern Ontario for Aboriginal Women and their families in the form of an Aboriginal Victim and Family Liaison who will provide culturally sensitive community-based victim services for Aboriginal women impacted by violence. ONWA will provide culturally sensitive services for the families of the murdered and missing Aboriginal women. Services will include an increased availability and accessibility with a primary focus of providing holistic multi-faceted supports ensuring individualized victim-centered services. The Victim Liaison workers will provide guidance to victims and families as they engage with and work through the criminal justice system offering a more intensive and longer-term service provision with a greater coordination and integration of services.</p> <p>Aboriginal Problem Gambling Awareness</p> <p>Building Aboriginal Women’s Leadership Program The aim of the Building Aboriginal Women’s Leadership (BAWL) Program is to assist in Building Capacity and supporting Aboriginal women as leaders in their communities. Many Aboriginal communities are working hard to heal from the effects of historical and current conditions of oppression & racism. ONWA believes that this can be accomplished by Aboriginal women changing the presence and practices of our women, by encouraging networking and by women taking a more active role in understanding how governments and leadership function. The BAWL program focuses on the issues, challenges, and inequities that Aboriginal women face as we strive to fulfill the responsibilities of our jobs, meet the needs of our family members, and</p>	
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		<p>answer the demands of the community. The program also addresses the issue of under representation of women in positions of influence, on tribal and band councils, management boards and boards of directors of Aboriginal organizations.</p> <p>Challenge 4 Challenge Program This program aims to educate and inform Aboriginal, Métis and Inuit youth about the risk of Type 2 Diabetes through the development of an internet based and culturally relevant preventative education tool called "Stop Youth Diabetes" at www.aboriginalyouthdiabetes.ca. In order to adequately address the unique needs of Aboriginal youth, this program is particularly helpful as it is designed to educate Aboriginal youth through both traditional and innovative approaches that promote healthy eating, weight control, physical activity and smoking prevention. Because of its web-based nature, StopYouthDiabetes is able to bridge any geographical divide and can be adopted and managed anywhere.</p> <p>Community Health Outreach The Community Health Outreach Program’s main objective is to promote health and healthy lifestyle choices for Aboriginal people. Community Health Outreach workers strive to learn and to educate Aboriginal women and their families about health care, illness prevention and ways to reduce or escape family violence.</p> <p>Community Wellness Program The Community Wellness program is designed to assist Aboriginal women and their families in the community who may be experiencing family violence or who may be struggling with maintaining a healthy lifestyle. Community Wellness workers will work one on one with families, host workshops, health fairs and other events in order to promote health awareness and the prevention of family violence. The goal of the program is to provide families with the necessary education and support to assist them in achieving wellness.</p> <p>Employment and Training Aboriginal Skills & Employment Training Strategy (ASETS) is designed to assist Aboriginal women with skills development and training needs. The Ontario Native Women’s Association (ONWA) operates this program through an agreement with the Native Women’s Association of Canada</p>	
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Appendix 1A: Maternal Substance Use & Child Working Group Environmental Scan Organizational Chart (FINAL) – Doug Kashak – August 25, 2014

		<p>(NWAC) and Human Resources Skills Development Canada (HRSDC.) The goal of the ASETS Program is to assist you with career counselling and labour market information. The ASETS Program takes a labour market driven approach so all training initiatives will be reflective of labour market needs in your community. Training must be reflective of employment opportunities in your area. Training initiatives are approved based on availability of funding, individual eligibility and labour market needs.</p> <p>Mental Health: Community based non residential mental health counseling. Intake, screening, assessment, and early intervention. Providing counselling support and education to Aboriginal women and their families. Assists families in methods of coping and management in relation to their child's mental health needs. Referral and treatment services, when the individual is suffering serious emotional, psychological, behavioural and/or psychiatric illness. Informational/educational training sessions on mental health promotion and mental health issues within the four regions of Ontario Native Women's Association. Liaise with community professionals, agencies, and staff to improve access and utilization of resources that provide services to Aboriginal women, their children and youth with emotional and behavioural disturbances. The use of Contemporary and Traditional interventions</p> <p>Nihdawin – A Place where I live program A program to support native women 15 years of age or older with the criminal justice system. Cooperative program with the John Howard Society.</p> <p>Self-referral for most programs</p>	
<p><i>Our Kids Count</i> <i>704 Mackenzie Street, Thunder Bay</i> <i>Westfort Family Resource Centre</i> <i>1315 Crawford</i></p>	<p>Parents and families with children 6 years of age and younger</p> <p>Service Type: (D), (F), (G)</p>	<p>“Our Kids Count (OKC) is a community-based program that works with families whose children are 6 and under. At present, OKC offers programs at our Westfort Family Resource Centre and our new McKenzie Street Site.”</p> <p>Programs run:</p> <p>Community Kitchens Share in shopping and cooking with three or four other parents and take home meals for your</p>	<p>Administration: Mon-Fri 9:30 am- 4:30pm Program sites: Vary</p>

<p>Ave. Thunder Bay (807) 623-0292</p> <p>http://www.ourkidscount.ca/</p>		<p>family for as little as .34¢ a serving</p> <p>Drop In Get together with other parents and their children to share in a time of play and creative activities offered by Early Childhood Educators. Parents are responsible for their own children.</p> <p>Planning team Meet regularly, throughout the year, with neighbours to plan activities for families in your community and support programs offered by Our Kids Count.</p> <p>Parent support groups Program is led by trained group leaders. Learn more about such things as: your child’s development; positive discipline; building your child’s self-esteem and taking time for yourself.</p> <p>Parents life skills Life skills are tips for working through each day’s challenges with a smile on your face. As a support group parents will have a chance to practice new skills in a comfortable, safe environment.</p> <p>Young Parents Program This program provides an opportunity for pre-natal and post-natal young parents who are usually under the age of 22 to get together and share ideas and learn new skills. They are supported by the Young Parents Program Coordinator.</p> <p>Pre-Postnatal Support A nurse and Lamaze instructor is available to pregnant or new moms needing information and support on prenatal care, labour, birth, care of the newborn and breastfeeding. You can arrange to meet her at one of our sites or main office. Individual home visits can also be arranged.</p> <p>Home visiting Program A resource mom can be matched with a family to provided one on one support</p>	
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Appendix 1A: Maternal Substance Use & Child Working Group Environmental Scan Organizational Chart (FINAL) – Doug Kashak – August 25, 2014

		<p>Family Counsellor A family counsellor is available to provide free, community based, short term counseling to individuals and families. Free childcare provided during appointments.</p> <p>Self-referral/drop in for some programs.</p>	
<p>PACE Thunder Bay (People advocating change through Empowerment)</p> <p>217 S. Algoma Street (807)343-4760</p> <p>http://www.pace-tbay.net/</p>	<p>For individuals struggle with mental health concerns – Peer support</p> <p>Service Type: (A), (J)</p>	<p>PACE is run by and for people with lived experience of a mental health issue or addiction issue; in a non clinical environment. We provide a wide range of services and activities in the community.</p> <p>Education, Peer support and advocacy</p> <p>Programs include: Coffee talk, art therapy, games day and music therapy</p> <p>Self-referral or referral from community partner</p>	<p>Mon to Fri: 8:30am - 4:30pm Drop in Hours: 9:30am - 4:00pm “We are a Consumer Survivor Initiative AKA “CSI” meaning we are different from traditional Mental Health Services.”</p>
<p>Kiikeewanniikaan</p> <p>275 Jubilee Rd Muncey, ON N0L 1Y0</p> <p>800-328-2616</p> <p>http://www.southwesthealthline.ca/displayService.aspx?id=10241</p>	<p>Culturally based treatment for First Nations individuals and Families with addiction related issues (For Aboriginal Families)</p> <p>Service Type: (C), (F), (H)</p>	<p>Kiikeewanniikaan, Southwest Regional Healing Lodge & Learning Centre, is a family based healing lodge, located on Munsee-Delaware Nation, just 40 km southwest of London, Ontario. We are a specialized project with the Aboriginal Healing & Wellness Strategy</p> <p>Family based healing lodge offering outpatient and short-term residential programs for addictions</p> <p>Short term treatment Centre One, two and three week family and individual culturally based healing programs and Care for the Caregiver program</p> <p>Crisis Shelter Provides emergency housing and support services for women who are victims of family violence</p>	<p>Mon-Fri 9am-9pm * Sat-Sun 9am-5pm Live-in counsellor on-site for emergencies and other duties</p>

Appendix 1A: Maternal Substance Use & Child Working Group Environmental Scan Organizational Chart (FINAL) – Doug Kashak – August 25, 2014

		Self or agency referral – application is available online	
<p>Redwood Park Opportunities Center</p> <p>532 Edward Street North, Thunder Bay</p> <p>(807) 577-3463</p>	<p>Northwood area and county park residents</p> <p>Service Type: (J)</p>	<p>Food Bank Offers food hampers for Northwood area residents and County Park residents</p> <p>“Threads” Thrift Store</p> <p>Threads Offers low cost quality used clothing for sale. Proceeds support the food bank</p> <p>Self-referral</p>	<p>Food Bank: Thu 12:30pm-2:30pm</p> <p>Thrift Store: Tue-Wed, Fri 1pm-4pm, Thu 12:30pm-2:30pm</p>
<p>Resolution Counseling Center</p> <p>Located in St. Joseph’s Heritage, 63 Carrie Street, Thunder Bay</p> <p>(807) 344-1944</p>	<p>First Nations persons who require counseling services</p> <p>Individual, family or group counseling</p> <p>Service Type: (A), (C)</p> <p>Self referral or a referral from another agency with individual consent</p>	<p>Provides training, counselling and consulting services specializing in services for First Nations people</p> <p>Offers individual, family and group counselling, focusing on:</p> <ul style="list-style-type: none"> • Abandonment and dependency issues • Anger management • Antisocial behaviour (rule breaking and aggressive behaviour) • Cognitive defects (lack of insight into consequences of behaviour or impaired judgment) • Depression • Family conflict and parenting issues • Grief and trauma • Nutrition • Self-esteem • Sexual abuse • Substance abuse/addictions issues <p>Offers workshops on the following:</p> <ul style="list-style-type: none"> • Trauma debriefing • Addictions • Suicide prevention • Leadership coaching 	<p>Monday to Friday, 8:30 – 4:30</p>

		<ul style="list-style-type: none"> • Life skills training • Nutrition coaching 	
<p>SAM/MISOL <i>(Single Adolescent Mothers/Mothers in search of Learning)</i></p> <p>Lakehead Public Boards</p>	<p>Ages: 13 year(s) - 21 year(s)</p> <p>Single and pregnant mothers under 21 years of age from the Lakehead District School Board area</p> <p>Access to the program is available from other School Boards</p> <p>Must be capable of obtaining credits towards a diploma</p> <p>Service Type: (G),(H), (J- Education Support)</p>	<p>SAM/MISOL Program:</p> <ul style="list-style-type: none"> • This Program offers secondary education for pregnant and single mothers to help them complete credits towards an Ontario Secondary School Diploma (OSSD) • Provides on-site daycare for those who qualify, for children 6 weeks-5 yrs of age • Breakfast program available for participants • Focuses on students' needs • Provides an encouraging atmosphere • Emphasizes ongoing parenting courses • Offers prenatal classes provided by Thunder Bay District Health Unit and the Maternity Centre <p>Students must be enrolled by their current High School</p>	<p>Monday to Friday, 9:00 – 3:00</p>
<p>Shelter House</p> <p>420 George Street Thunder Bay (807) 623-8182</p> <p>http://www.shelterhouse.on.ca</p>	<p>Adult Shelter – 18 and over in need of emergency shelter</p> <p>16-18 years old, youth emergency shelter</p> <p>Service Type: (C), (E)</p>	<p>Kwae Kii Win Managed Alcohol Centre</p> <p>The Kwae Kii Win Centre Managed Alcohol Centre provides supportive living for 15 people who have experienced long term homelessness and addiction to alcohol. By providing supportive housing, combined with accessible health care, nutritious food and psycho-social supports, residents at the Kwae Kii Win Centre reduce dangerous drinking levels and rely less on emergency services to meet their health and social needs.</p> <p>Shelter</p> <p>Shelter House is open 24 hours a day, 7 days a week, including weekends and holidays. We provide laundry facilities, showers and can accommodate up to 62 men, women and youth (age 16 to 18) in segregated dorms. Our facility is a temporary, emergency shelter and does not offer long term housing</p> <p>Food</p> <p>Shelter House provides three meals a day, and 24 hour access to food at the door. They offer two community meals daily from 2 to 3 pm and 7 to 8 pm, which typically sees up to 200 people</p>	<p>24 hours a day, 7 days a week</p>

		<p>visiting for a meal at each serving time</p> <p>Self-referral.</p>	
<p>St. Joseph's Care Group</p> <p>Sister Margaret Smith Centre 35 Algoma Street North, Thunder Bay (807) 343-2425</p> <p>Concurrent Disorders Program 301 Lillie Street North, Thunder bay (807) 684-5100</p> <p>Lakeview Methadone Program Victoriaville Mall 710 Victoria Ave. E. Thunder Bay (807) 346-8300</p> <p>http://www.sjcg.net/</p>	<p>Male and Female 16-65 years of age (Lakeview)</p> <p>Service Type: (A), (C), (F)</p>	<p>Programming available:</p> <p>Residential day Treatment Program:</p> <ul style="list-style-type: none"> • This program provides a five-week intensive substance abuse treatment program for youth • It utilizes a harm reduction, cognitive behavioural approach to recovery, which focuses on changing behaviour through examining beliefs and values • This program offers group therapy, individual counselling, education sessions, and life skill development, introduction to self help, leisure and recreation opportunities, and relapse prevention <p>Women Specific Residential Services:</p> <p>The residential treatment program provides a safe environment in which women can address their addiction issues with the support of other women. The programs are usually 24 days and each woman has her own room, including sink area. There is a kitchen, lounge and group room area with access to a gym and Craft room. The women's residential area is kept separate from the men and the primary counselors are female. A private area with toys and comfortable seating can be booked to meet with children.</p> <p>The women's treatment programs are holistic in nature as all aspects of well being are addressed ie physical health, nutrition & body image, spirituality, emotional and psychological health and safety. We recognize that women's lives are often complex and that difficulties with addictions are related to other issues in their lives, i.e. trauma, mental health concerns, family and relationship violence. These co-occurring issues are interwoven throughout the treatment experience, paying attention to the limitations of a short treatment program and sometimes lack of supports when they return home. The women are exposed to a number of different methodologies and are encouraged to actively explore which approaches are most helpful for. This includes cognitive-behavioural material, empowerment and experiential processes which are grounded in a strength-based approach. Mutual support programs such as Women's AA and the Healing Circle are introduced to participants and they are encouraged to develop support</p>	<p>Mon-Fri 8:30am-4:30pm Residence: 24-hour Service</p> <p>Use of Cognitive Behavioural Therapy (CBT) and Dialectic Behavioural Therapy (DBT)</p>

		<p>systems that fit their individual needs</p> <p>Individual Counselling Individual counselling sessions are offered for women which can help to prepare them for more intensive treatment, reinforce changes already begun or focus on specific issues related to their substance abuse. This can include motivational enhancement, moderation management, increase readiness for change, coping with grief and loss related to recovery, developing safety plans related to trauma, examining role of substance abuse in family and relationships or developing stress management skills.</p> <p>Concurrent Disorders Program: The Concurrent Disorders Program offers services to individuals who are experiencing both an addiction and mental health concern. A diagnosis of a mental health issue is not a prerequisite. This program offers a variety of services including case management and individual counseling on an outpatient basis, mental health screening and referrals to other community based groups offered by the Sister Margaret Smith Centre, as well as to the residential treatment program. A twelve session Concurrent Disorders community based treatment group is also available to clients, to provide a supportive peer group setting in which participants can explore their Concurrent Disorders and the impact that they are having on their quality of life, as well as help them develop new alternative coping strategies in a safe environment. Referrals can also be made to the psychiatrist on staff one day per week for a one-time consultation.</p> <p>Community Based Programming: Coordinates services with Thunder Bay Integrated Youth Services to provide the following:</p> <ul style="list-style-type: none"> • Provides education and screening • Drug and alcohol assessment • Brief individual counselling • Youth gambling • Early intervention program • Early prevention program • Community presentations • Continuing care program 	
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		***Balmoral Withdrawal Management is a part of St. Joseph’s Care group (See section for Balmoral Withdrawal Management for more information)	
SWAN (Sex Trade Workers Alliance of Northwestern Ontario) <i>Located at the John Howard Society</i> 315 Syndicate Ave. S (807)623-5355	Service Type: (F), (J – Advocacy Coalition)	A committee of agencies that meet and advocate for and provide services for Sex Trade Workers and the community	
The Children’s Aid Society of the District of Thunder Bay – Address: 1110 Jade Court, Thunder Bay www.thunderbaycas.ca	- Referral from a member of the community or self referral that falls within the boundaries of the CFSA – Assess children’s safety and well being and work with families as case managers to address concerns. Mandated Agency Families with Children under the age of 16 years Concerns are presented to the agency that fall within the CFSA, not exclusive to but including substance abuse concerns within a family home Service Type: (B)	The Children’s Aid Society of the District of Thunder Bay are a mandated child welfare agency that work with families with children under the age of 16 or mothers who are expecting a child where there are potential child welfare concerns. Intake and Family Services: When the Children’s Aid Society is contacted with a concern about a child, the referral is handled by the Intake Unit. A Child Protection worker will collect the referral information and make a decision about what type of service would be beneficial to the family. This may include linking the family to other community resources, or seeing the family directly. The Intake Unit conducts investigations and assessments in accordance with the standards set out by the Ontario Child and Family Services Act and the Ontario Ministry of Children and Youth Services. A Differential Model of Services is used which includes customized interventions, which best suit, the child and family’s needs. The Agency also provides Emergency after hours services to handle referrals 24 hours per day. Following initial involvement with families in the Intake Unit, families are provided services by the Family Services Unit. The Family Services Unit provides both short term and long term work with children and families requiring child protection services. Services provided by the Family Services Unit include: Developing a collaborative service plan with families; meeting regularly with children and families; advocating for services; and assisting families to access needed services. Collaboration with community services providers is an essential part of the work of the Family Services Unit.	24 hour service. Day time service 9-5 Monday to Friday. Emergency Duty worker available after hours Governed by the CFSA and protocol within this act. Funded and mandated by Ministries of Children and Youth Services and Community and social Services (CDS Program)

		<p>Children’s Services: When a child is admitted into the care of the Children’s Aid Society, a Children’s Services worker ensures that the child’s rights and best interests are protected, supported and monitored. The Children’s Services workers ensure that all social, emotional, and service needs of the child are met. This is done through collaboration and consultation with other professionals and care providers involved. For each child that enters the care of the Children’s Aid Society, a written plan for that child’s care is developed. The plan includes access or contact with the child’s natural family, and/or Native Band.</p> <p>Foster Care The Children’s Aid Society is responsible for the safety and protection of children. Wherever possible, the CAS works to keep children in their own family. When this is not possible, a child may be brought into the care of the CAS. Foster parents provide a temporary home for children who are in the care of the CAS. Children may need foster care for just a few days, a week, several months or possibly years. Foster parents work with CAS staff as part of a team to develop a plan for each child in care. The ideal plan is usually to reunite a child with their family. Where this is not possible, the plan may include adoption or long-term foster care. Foster parents come from all walks of life and a variety of ethnic and cultural backgrounds. They have a genuine interest in children and a sense of community responsibility.</p> <p>Adoption The Children’s Aid Society offers adoption services to families throughout the District of Thunder Bay including: Providing support and services to birth parents who are considering choosing adoption for their child, finding permanent homes for children in loving nurturing families, training and providing services for people interested in adopting a child, providing support to adoptive parents once a child is placed in their home, providing non identifying disclosure services for adoptees and birth relatives seeking information on a previous adoption The Agency also provides Adoption Disclosure services for those adoptees, birth parents, birth siblings or birth grandparents wishing non-identifying information. The Agency can also assist</p>	
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Appendix 1A: Maternal Substance Use & Child Working Group Environmental Scan Organizational Chart (FINAL) – Doug Kashak – August 25, 2014

		<p>with registration to the Adoption Disclosure Register which can assist with searches to contact a birth relative.</p> <p>Self-referral or referral from community regarding the safety of a child. Mandated service.</p>	
<p>Thunder Bay Counseling Centre</p> <p>544 Winnipeg Ave. Thunder Bay (807) 684-1880</p> <p>http://www.tbaycounselling.com</p>	<p>Works with individuals, families that requires supportive counseling services for a variety of concerns.</p> <p>Service Type: (A), (C), (D), (F), (H)</p>	<p>Programs:</p> <p>Addiction Services initiative Joint program with DSSAB – See DSSAB</p> <p>Child Protection Alternative Dispute Resolution Program Child Protection ADR helps families develop plans for their children which address concerns raised by Child Protection Services. ADR is a voluntary process that values and respects the voices of all parties involved. It is often faster and less complex than court. ADR strives to preserve and improve communication and relationships. The program is supported by the Ministry of Children and Youth Services.</p> <p>Alcohol and Other Drugs Program This program offers the following: Confidential assessments of substance use, early intervention support and counselling, treatment planning and referral services, treatment and education groups, on-going case management where needed, relapse prevention, outreach appointments arranged as needed, consultation to families who are concerned about someone's substance use.</p> <p>Back on track program For individuals who have been convicted of an impaired charge</p> <p>Child Victim Witness Program The Child Victim Witness Program provides support to children and youth under the age of 18</p>	<p>Office Hours:</p> <p>Monday, Thursday and Friday 8:30 a.m. to 4:30 p.m.</p> <p>Tuesday and Wednesday 8:30 a.m. to 8:00 p.m.</p>

		<p>who have been called to testify in court as a result of being a victim or witness of a crime.</p> <p>Counselling Program Thunder Bay Counselling Centre offers confidential counselling solutions to individuals, couples, families and workplaces. The purpose of talking with a counsellor is to help you make sense of what is going on in your life. We can help with issues such as:</p> <ul style="list-style-type: none"> • Abuse • Anger • Depression & Anxiety • Family Violence • Grief • Relationships Difficulties • Sexual Abuse/Sexual Assault • Sexual Orientation • Stress • Trauma <p>Pregnancy and Health Program Pregnancy & Health is a program for moms with children (age 6 and under) and expecting moms, who are living with issues related to substance use, mental health, woman abuse, and child protection. Women in the program receive support from professional counsellors and their peers. Counselling is provided on an individual basis and in a support group setting.</p> <p>The Choices Program CHOICES is offered by Thunder Bay Counselling Centre in partnership with St. Joseph's Care Group and Children's Centre Thunder Bay. Our qualified staff and volunteers are committed to helping young people to make positive life changes so that they can reach their full potential. CHOICES is a free, social skills program for youth aged 12-17. It encourages young people to think and act positively, build self-esteem and learn valuable life skills in a safe environment. Group sessions are held weekly for 10 weeks.</p> <p>Violence against Women Program</p>	
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Appendix 1A: Maternal Substance Use & Child Working Group Environmental Scan Organizational Chart (FINAL) – Doug Kashak – August 25, 2014

		<p>The Violence Against Women program provides counselling services to women, 16 and over, and their children who have experienced or are experiencing emotional, physical and/or sexual abuse, including historic sexual abuse in childhood. The program supports women in their decisions and provides safety planning that reflects the woman and her children’s immediate needs in order to live free from violence.</p> <p>Walk in Counselling Program The Walk-in Counselling Clinic provides immediate counselling services to individuals, couples and families on a first come, first served basis. The walk-in counselling clinic is a partnership between Thunder Bay Counselling Centre and Children's Centre Thunder Bay. Visit one of our professional counsellors every Wednesday 12:00 pm – 8:00 pm (last session begins at 6:30pm)</p> <p>Hope Place The Hope Place provides a safe, welcoming and family-friendly environment for families in need of counselling support. It is a place for families to heal and recover from the effects of negative issues in their lives. Opened in 2008, the facility offers meeting areas for groups, a family kitchen, a lounge, children’s play spaces and a food bank. Hope Place is home to several programs including Pregnancy & Health, Alternative Dispute Resolution, Voices and Child Victim Witness Program.</p> <p>Self-referral</p>	
<p>Thunder Bay District Health Unit</p> <p>999 Balmoral Street, Thunder bay On. (807)625-5900</p> <p>http://www.tbdhu.com</p>	<p>Open for anyone. Some programs are individuals or group specific (I.e. HBHC)</p> <p>Service Type: (A), (D), (F), (H)</p>	<p>Programs:</p> <p>Sexual Health The Sexual Health Program promotes and celebrates healthy sexuality. Staff in the program offer services based on the following guiding principles... we are: Respectful ,Non-judgmental, Confidential, A positive space for LGBT persons, Pro-choice This program offers sexual health clinics, birth control, counselling & referral, emergency contraceptives, pregnancy testing & options and STI (Sexually Transmitted Infections) testing</p> <p>Street Outreach Nursing Program</p>	<p>Monday to Friday: 8:30 – 4:30 p.m.</p> <p>Hours for Superior Points</p> <p>Monday through Friday - 11am to 4pm</p>

		<p>The street outreach nursing program provides street-level services aimed at assessing and addressing the needs of the street-involved population. Services are free and confidential and include counselling and referral to services, harm reduction services, infectious disease follow-up and STI (Sexually Transmitted Infections) testing and treatment</p> <p>Health Unit Clinic</p> <p>The clinic offers Sexually Transmitted Infection (STI) testing and treatment, Birth control, Pregnancy testing and prenatal referrals , PAP testing, Emergency Contraceptive Pill, Hepatitis B vaccine, Anonymous HIV testing and referrals related to sexual health issues, community LGBTQ resources, women abuse resource directory and talking to your child about sexuality resources are available</p> <p>Superior Points Needle Exchange Program</p> <p>The Superior Points Harm Reduction Program is involved in a variety of outreach services including offering needle/syringe exchange and other harm reduction services, including providing condoms and sterile water. Providing HIV/AIDS and Hepatitis C prevention education to clients. Counselling and referral to other agencies. Providing presentations to community agencies and the general public.</p> <p>HEALTHY BABIES AND FAMILIES</p> <p>Pregnancy</p> <p>The Health Unit offers Community services for expectant parents, Early prenatal classes, Genetics clinic as well as preconception resources</p> <p>Healthy Babies/Healthy Children</p> <p>HBHC is a free, confidential and voluntary program for pregnant women and families with children up to age 6. Information and visitation during pregnancy. Visitation and information when baby arrives around breast feeding, child development, parental physical and emotional health, baby safety and other parental programming</p>	<p>AND 5pm to 8pm</p>
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<p>Thunder Bay Indian Friendship Centre – Cumberland Street 401 N Cumberland St. (807)345-5840 www.tbifc.ca</p>	<p>Each Program has it’s own Admission Criteria. However, one must be Status, Metis or Self-Identified as Aboriginal</p> <p>Service Type: (A), (C), (F), (H), (I), (J)</p>	<p>Programs Available</p> <p>Akwe Go Program For Urban Aboriginal children ages 7-12 The goal of this program is to provide children with support, tool & healthy activities to improve the life of urban aboriginal children through the delivery of culturally appropriate programs</p> <p>Aboriginal Drug and Alcohol Worker They provide substance use assessments, individual counseling and referrals for 1 on 1 counseling, referral to treatment centres, healing lodges, and recovery homes. Provide treatment and aftercare programming</p> <p>Aboriginal Family Support Program Works with children ages 0-6 and meets core standards including family healing, parenting skills,</p>	<p>Depending on the Program</p>

		<p>child development, family nutrition, cultural development & retention and community development & outreach</p> <p>Gladue Services This is a requested psycho-social assessment by the Courts to gain a comprehensive report and picture of an Aboriginal person's life</p> <p>Kizhaay Anishinaabe Niin Program (I am a Kind Man Program) This program is specifically for men, and is to encourage men to speak out and end all forms of violence towards women and to foster healthy relationships</p> <p>Anishinaabe Skills Development Giving Aboriginal Adults and Youth the opportunity to further their educations</p> <p>Community Counseling Program (Criminal Justice) Applications received for children 12-17 yrs of age & adults charged with certain Provincial Offences in the City of Thunder Bay, ie. Theft & Fraud. Offenders participate in a Healing Circle as a Restorative Practice Measure.</p> <p>Court Worker Program Provides persons involved with matter relating to the Judicial System to gain access to Support Systems, Liaison services, Resources and Information regarding Court Matters.</p> <p>Lifelong Care Programs The goal of the Aboriginal Life Long Care Program is to assist Aboriginal Elders/seniors/all people with disabilities and degree of chronic illnesses, and /or require acute/chronic continuum of care to remain within their communities while ensuring quality of care and appropriate support systems for their families.</p> <p>Apatisiwin Employment & Training Includes employment counseling, skills development and outreach and networking to improve</p>	
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<p>Thunder Bay Midwives Clinic (community midwives –1-610 Hewitson ave., T. Bay (807)622-2229</p> <p>www.communitymidwives.net</p>	<p>Women with low risk pregnancy and families. From conception to six weeks after birth</p> <p>Service Type: (D), (H)</p>	<p>Services:</p> <p>Providing culturally sensitive maternity care to women in Thunder Bay and surrounding areas. Must reside within an hour of the city of Thunder Bay(8 registered midwives) Believe in informed choices and will deliver in situations that suit the family. Provide prenatal care, educational resources, pre-natal classes, prenatal and post partum group classes, breastfeeding clinic,</p> <p>(6 registered midwives in Maternity Care Midwives group) Consultation of a dietician and exercise therapist). Breastfeeding and free prenatal classes</p>	<p>Monday – Thursday 9 – 4:30 am Friday 9 – 2 p.m. Non profit</p> <p>Practice is regulated through the College of Midwives of Ontario</p>

<p><i>(maternity care midwives – 212 Villa St. Thunder Bay (807)344-2229</i></p> <p>http://www.mcmidwives.ca/</p>		<p>Social worker, quit smoking coach, lactation consultant and a nurse practitioner</p> <p>Self referral or through a family doctor</p>	<p>MCM, Thunder Bay hours:</p>
<p>Thunder Bay Regional Health Sciences Centre 980 Oliver Road, Thunder Bay On. (807) 684-6000</p> <p>www.tbrhsc.net</p>	<p>Admission Criteria is dependent on the program. For the most part, the Regional Health Sciences Centre is a hospital open to the public. Maternity Centre has specific programming criteria</p> <p>Service Type: (A), (C), (D), (F), (H)</p>	<p>The Thunder Bay Regional Health Sciences Centre (TBRHSC) offers a host of maternal and prenatal care services within the Women and Children’s Program which include a Maternity Centre (prenatal clinic), Labour/Delivery Unit, Maternal and Newborn Care Unit, Neonatal Intensive Care Unit, Paediatric Units (Inpatient & Outpatient) and Emergency Department.</p> <p>Programs Offered:</p> <p>Maternity Centre The Maternity Centre offers women pre and postnatal care delivered by a Nurse Practitioner, Obstetricians or Family Practice Physicians. Additionally, the Maternity Centre provides women with a variety of inter-disciplinary professional support services, including a Dietician, Social Worker, Exercise Therapist, Lactation Consultant, Prenatal Educators, and Smoking Cessation coach. The Maternity Centre also offers classes including prenatal, breast-feeding, infant feeding and prenatal/postnatal exercise classes. As well, the Maternity Centre Nurse Practitioner provides off-site prenatal care for women who are receiving opiate addiction treatment at two local addiction treatment sites.</p> <p>Labour/Delivery Units Obstetrical care is provided in the Labour and Delivery Unit of TBRHSC which consists of 7 private</p>	<p>Hospital is open 24 hours a day, 7 days a week. (emergency services, labour and delivery, pediatrics, neo natal icu open 24-7) Maternity centre, depending on the program. For a list of programs and times please see http://www.themothersprogram.ca/resources-and-information/for-your-region/north-western-ontario/thunder-bay-district</p>

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		<p>birthing rooms, 3 assessment rooms, 2 operating rooms and 2 post operative recovery rooms.</p> <p>Maternal and Newborn Care Unit The Maternal and Newborn Unit offers medical case for mothers and newborns in an 18 bed mother-baby unit.</p> <p>Neonatal Intensive Care The Neonatal Intensive Care unit is a 14 bed unit that provides acute care services to critically ill or premature newborns born at TBRHSC and/or within the NW LHIN. Newborns requiring medical treatment for Neonatal Abstinence Syndrome (NAS) are cared for in the NICU until stable and then transferred to the Paediatric unit where parent(s) may room-in to be even closer to their babies during hospitalization.</p> <p>Early beginnings program The Healthy Beginnings Prenatal Program is a two-part prenatal education program offered in partnership with the Thunder Bay District Health Unit. The Early Prenatal Classes are organized by the Thunder Bay District Health Unit. This series of 4 classes covers topics such as health living, breastfeeding, stress management, and infant safety. Childbirth classes, Prenatal breastfeeding education classes, Dietician (maternity Centre), Prenatal Exercise classes, Exercise Therapists, Lactation consultant, Bosom Buddies program (group support program for mothers that are breastfeeding), Babies day out program (for mom's and children newborn– 1 years old, Thursdays 1-3 p.m.),</p> <p>Self or referrals from physician/health care professional</p> <p>For other services available at the Thunder Bay Regional Health Sciences Centre, please refer to their website at www.tbrhsc.net</p>	
<p>Thunder Bay Social Services Board (DSSAB) 231 May Street</p>	<p>Those individuals who are in need and qualify for financial assistance</p> <p>Service Type: (E), (J – Financial</p>	<p>Run Best Start Program Best Start is an early learning and care strategy designed to help give Ontario's children the best possible start in life and help them achieve success in school</p> <p>Fee Subsidy for child care</p>	<p>Monday to Friday 8:30 – 4:30</p>

<p>South</p> <p>(807) 766-2111</p> <p>http://www.tbdss.ab.ca/</p>	<p>Assistance)</p>	<p>financial assistance is provided towards the cost of day nursery or private home day care services for parents, foster parents, or legal guardians of children who are between 0 - 12 years. Funding is either provided in accordance with the DNA or Ontario Works Act. On average, 1,300 families or 1,800 children are assisted through this program each year.</p> <p>Special needs resources Special Needs Resources (SNR) ensures that all children, regardless of need, can participate in the child care setting of their families' choice. Currently, Resource Teachers within the District of Thunder Bay work onsite within licensed child care centres to support the inclusion of children with special needs within the licensed child care setting.</p> <p>Geared to income housing The housing system in the District of Thunder Bay offers choice and affordability to singles, families, senior citizens, individuals of Native ancestry and persons with disabilities, who may be a homeowner, a renter or a homeless person looking for shelter A 10 year Thunder Bay strategic plan for housing was constructed in 2011</p> <p>OW Financial Assistance Short-term financial assistance is issued for basic needs, shelter, and emergency assistance. Persons in receipt of basic financial assistance may also be eligible to receive benefits. Examples of some benefits include: prescription drug coverage, dental and vision care for dependent children, diabetic supplies, surgical supplies and dressings, medical transportation costs, Transition Child Benefit and Extended Health Benefits, dental care for adults, vision care for adults and employment related expenses.</p> <p>Ontario Addictions Services Initiative Ontario Works offers addiction services for participants who are concerned that their substance use may be preventing them from finding and keeping a job, or from participating in employment activities.</p>	
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		Self-referral – a means test to be completed to determine eligibility for programming	
<p>Victims Crisis and Referral Services (VCARS) 1200 Balmoral St. (807)684-1051</p> <p>http://tbayvictimservices.com/</p>	<p>Victims of crime or tragedy</p> <p>Service Type: (A), (I)</p>	<p>Victims Crisis and Referral Services: VCARS is a community-based service assisting police and emergency services in providing short term emotional support and practical assistance to victims of crime and tragedy. Community volunteers support victims to meet their immediate needs and supply referral to existing community service if longer term care is required. Crisis assistance is provided by trained volunteers who are on call to police 24 hours a day 7 days a week. With victim consent, the attending officer(s) contacts VCARS to provide emotional support or practical assistance as needed. VCARS volunteers will assist victims of crime or tragedy including but not limited to: assault, domestic violence, sexual assault, property crime, robbery, theft, family members affected by sudden death from accident, suicide, or homicide, attempted suicide, and multi-casualty occurrences. In addition to emotional support, volunteers may provide practical assistance of making phone calls, assisting with arranging for essential needs such as food, lodging etc. If the victim identifies as having longer term needs, the volunteers provide information and referral options to community services for ongoing victim assistance.</p> <p>Emergency Services or self-referral</p>	<p>On-call 24 hours a day, 7 days a week Volunteer based Short term crisis support</p>
<p>Victim Witness Assistance Program (VWAP) out of court house 1805 Arthur Street East (807) 625-1627</p>	<p>Service Type: (I – Victim/witness support)</p>	<p>Provides information, assistance and support to victims and witnesses of crime throughout the criminal justice process in order to increase their understanding of, and participation in, the criminal justice process. Offered by the Ontario Victim Services Secretariat, VWAP services include crisis intervention, needs assessment, referrals to community agencies, emotional support, case specific information (court dates, bail conditions) and court preparation and orientation.</p> <p>For further information about this program, please see http://www.attorneygeneral.jus.gov.on.ca/english/about/vw/vwap.asp</p>	<p>Ontario Government service (Ministry of the attorney general)</p>
<p>Fort William Family Health Team</p>	<p>Have to be registered with a Dr. at the family health team clinic to utilize services</p>	<p>Programs: Family Health Team is an approach to primary health care that brings together different health</p>	<p>Regularly scheduled appointments: Monday to Friday –</p>

<p>1260 Golf Links Rd. (807) 626-1234</p> <p>http://fortwilliamfhn.ca/</p>	<p>Service Type: (A), (D), (H)</p>	<p>care providers to co-ordinate the highest possible quality of care for you – the patient. Designed to give doctors support from other complementary professionals, most Family Health Teams will consist of doctors, nurses, nurse practitioners, dieticians, social workers and other health care professionals who work collaboratively, each utilizing their experience and skills so that you receive the very best care, when you need it, as close to home as possible</p> <p>Healthy Changes “Empowerment, education, confidence, sharing, and support” A six week course, (2.5 hours per week), designed to help you gain confidence in managing your disease, where you will learn tips and strategies to improve your quality of life. A well-researched, and licensed program with proven results, designed for adults of all ages and their caregivers.</p> <p>Triple P Parenting Triple P is one of the only evidence based Parenting programs available worldwide, founded on over 30 years of clinical and empirical research.</p> <p>Selected Triple P A seminar series that deals with parents who have a specific concern about their child’s behavior or development. Advice is provided on minor child development issues and behavioral problems as parents attend a series of three seminars.</p> <p>Primary Care Triple P For parents with specific concerns about their child’s behavior or development who require consultation or active skills training. This is a brief program over four sessions combining advice with rehearsals and self-evaluation as required to teach parents to manage discrete child problem behavior.</p> <p>Developing Capable People Program A powerful, nine session educational program for parents, teachers and other concerned adults who are committed to making a positive difference in the lives of children and teens. Each</p>	<p>9:00 AM – 5:00 PM Lunch 12:30 – 1:30 PM <i>(individual physician schedules may vary, please call to make an appointment.)</i></p> <p>Walk-In Clinic: Monday afternoons from 1:15 PM – 4:00 PM</p> <p>After-Hours Clinic: Monday to Thursday – 5:00 PM – 8:00 PM Saturday - 9:00 AM – 12:00 PM</p> <p>The Walk-In Clinic and the After Hours Clinic are available to patients of the Fort William FHT only. All patients must check in at reception and have their health card ready to present to the receptionist. Cases are seen on a first come first served basis.</p> <p>No Specialist referrals</p>
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		<p>session provides participants with practical information and the specific skills needed to empower youth with the Seven Life Principles.</p> <p>Other programming is available through this health care clinic. For more information, please see the website at http://fortwilliamfhn.ca/</p> <p>Self-referral</p>	<p>or medication renewals will be done through the After Hours Clinic. Absolutely NO NARCOTICS will be given in the After Hours Clinic. Please contact your regular family Physician for these services</p>
<p>Lakehead Nurse Practitioner lead clinic</p> <p>Suite 101-325 S. Archibald St. Thunder Bay, ON, P7E 1G6</p> <p>Tel: 807-475-9595</p> <p>http://lnplc.com/</p>	<p>Service Type: (A), (D)</p>	<p>This organization has been open to services in Thunder Bay since November 2010 and provides primary care to patients that are unattached to doctors. They also provide referrals to other health professionals, and have programs such as healthy change for chronic disease, caregiver support programming and healthy shopping “Grocery tours” programming offered by the clinics dietitian.</p> <p>The Lakehead NPLC is committed to providing comprehensive, team-based primary health care in partnership with patients in Thunder Bay to improve quality of life. Services are delivered to patients across their lifespan by knowledgeable, respectful, dedicated individuals working to the full scope of practice.</p> <p>Nurse practitioners (NP) are registered nurses with advanced university education who provide personalized, quality health care to patients. Works in partnership with Nurses, Registered Practical Nurses, Dietitians, Social Workers and collaboratively with Physicians Offers a variety of health care services including counselling and education, diagnosing and treating illness and/or injuries, ordering and interpreting diagnostic tests, performing physical check-ups , referrals to family physicians, specialists and other health professionals, supportive</p>	<p>Provides walk-in access to a Nurse Practitioner for registered patients Mondays and Fridays 1pm-4pm</p> <p>Hours: Mon-Tue, Thu-Fri 9 am-4:30 pm * Wed 10 am-4:30 pm</p>

		care through illness, treatments and/or procedures and writing prescriptions	
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LEGEND

Types of Service:

(A) Mental Health

(B) Child Protection Agency

(C) Addiction Counseling/Addiction Treatment/Addictions Maintenances Programs

(D) Maternal Health – prenatal health

(E) Housing Services

(F) Prevention Programming

(G) Child Care

(H) Parenting Education and Support

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(I) Criminal Justice System

(J) Other