

# respect.

it begins with you & me.



Creating a respectful community is everyone's responsibility.  
Join the many organizations in our community who have committed to **respect.**

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**respect.** resonates with people because it comes with positive expectations. It presents people with principles for positive and inclusive social interaction.

Nine Principles of **respect.**

## **Know Yourself:**

Examine your attitudes, beliefs and behaviours to ensure they are respectful of others.

## **Value our differences:**

See the value in different perspectives, views and journeys.

## **Stick by it:**

Stand up for your beliefs and for what is right.

## **Listen up:**

Everyone has a voice. Listen with an open mind and help others be heard.

## **Talk about it:**

Discuss issues openly and honestly to deepen understanding.

## **Own your actions:**

Take ownership of your mistakes, and see it as an opportunity to learn and grow.

## **Step in:**

Physical and verbal bullying are unacceptable. Step in if you feel safe doing so.

## **Take pride:**

Be proud of our clean, green and beautiful community.

## **Reach out for help:**

There are times when we all need help. Know who you can talk to, and be there for someone else.

Commit to **respect.** today by signing up online at [thunderbay.ca/CommitToRespect](https://thunderbay.ca/CommitToRespect) and like us on Facebook 