



List of Acceptors

The Personal Attendant for Leisure (PAL) Card Program is administered by the City of Thunder Bay, Recreation & Culture Division. Please call 684-3338 or 625-3220 with any questions about the use of this card.

You can use your PAL Card at all City of Thunder Bay Facilities and Programs:

- Community Centres
- Volunteer Pool, Sir Winston Churchill Pool, Dease Park Pool, Heath Park Pool, Art Widnall Pool
- Canada Games Complex
- Arenas (skating lessons only)
- Thunder Bay 55 Plus Centres
- Herb Carroll 55 Plus Centre
- Golf Courses (Chapples, Municipal, Strathcona)
- Chippewa Park Wildlife Park and Amusement Rides

Please check www.thunderbay.ca/PAL for an updated list.

You can also use your PAL Card at all of these places in Thunder Bay:

Magnus Theatre	Galaxy Lanes
Confederation College Fitness Centre	Thunder Bay Hiking Association
Thunder Bay Art Gallery	Fort William Historical Park
Thunder Bay Border Cats	Thunder Bay Military Museum
Ross Pilates	Wilderness Supply
Fort William Country Club	Northwestern Ontario Sports Hall of Fame
Indigenous Friendship Centre	South Side Fitness
North Side Fitness	Dragon Hills Golf Course
Lakehead Archers	Movati
Mario's Bowl	Founders' Museum and Pioneer Village
Thunder Bay Museum	Mini-Putt at Boulevard Lake
PUSH Fitness Centre	Thunder Bay Minor Football Association
Cambrian Players	Fit 4less (formerly McFit)
Kamview Nordic Ski Centre	Willow Springs Creative Centre
Eagle Ridge Trout Ponds	Loch Lomond Ski Area

The PAL Card cannot be used on City Transit. Please call 684-3744 for information on their Transit ID Card. For the Movie Theatres you have to have an Access 2 Entertainment Card, <http://www.access2card.ca/>.

If interested in using your PAL Card when visiting Waterloo, Kitchener or Cambridge, please contact the listed numbers to access a list of acceptors.

City of Waterloo 519-747-8512

City of Cambridge 519-740-4681 x4292

City of Kitchener 519-741-2200 x7228

PAL Card Use

What is the PAL Card?

A PAL (Personal Attendant for Leisure) Card identifies that the person named on the card may require a support person. This support person will not be charged a program/facility fee as long as they are present to support the person with the PAL Card. The person named on the PAL card needs to pay any fees required of them by the program/facility.

How does the PAL Card Work?

When you and your support worker go to a place that accepts the PAL Card you show your card when you are paying admission. You don't have to show any other forms of identification. You don't have to tell the people at the front if you have a disability or what kind of disability it is. Seeing that you have a PAL Card should be good enough to let your support person in for free.

Who can be your support person?

Anyone who can give you the help that you need while in the program/facility. It is very important that your support person is there to help you. The PAL Card is not to be used to get people in for free who are not there to support your needs.

What is expected of a support person with a PAL Card holder?

- All the rules of the program/facility that apply to the PAL Card holder, also apply to the support person.
- Provide adequate and appropriate support to the PAL Card holder.
- Be respectful of the rights of all.
- Ensure a safe and enjoyable environment for all.
- Maintain confidentiality.
- Communicate effectively on behalf of the PAL Card holder, as required.
- To be admitted for free with a PAL Card for the strict purpose of supporting the PAL Card holder in their participation, not for personal gain.

Reminders for Using Your PAL Card

- Only the person whose photo and name are on the PAL Card can use it.
- If two people, each having a PAL Card, are supporting each other, at least one person must pay admission.
- If you have problems using your PAL Card please call 625-3220 with as much information as you can. This information would be, for example, where you tried to use it, why it wasn't accepted, the name of the person that wouldn't accept it. There could also be other problems with the card and where you can use it that you can also call us about.