



List of Acceptors

The Personal Attendant for Leisure (PAL) Card Program is administered by the City of Thunder Bay, Recreation & Culture Division. Please call 684-3338 or 626-6565 with any questions about the use of this card. Check www.thunderbay.ca/PAL for an updated list.

You can use your PAL Card at all City of Thunder Bay Facilities and Programs:

- City programming at Vale Community Centre, John Jumbo Community Centre and West Arthur Community Centre
- Volunteer Pool, Sir Winston Churchill Pool, Heath Park Pool, Art Widnall Pool
- Canada Games Complex
- Thunder Bay 55 Plus Centre
- 55 Plus programs at West Arthur Community Centre
- Golf Courses (Chapples and Strathcona)
- Chippewa Park Amusement Rides

You can also use your PAL Card at all of these places in Thunder Bay:

Confederation College Fitness Centre	Mini-Putt at Boulevard Lake
Cambrian Players	Movati
Curves	North Side Fitness
Dragon Hills Golf Course	Northwestern Ontario Sports Hall of Fame
Eagle Ridge Trout Ponds	PUSH Fitness Centre
Fit 4less (formerly McFit)	Ross Pilates
Fort William Country Club	South Side Fitness
Fort William Historical Park	Tapiola Ski and Nature
Founders' Museum and Pioneer Village	Thunder Bay Art Gallery
Galaxy Lanes	Thunder Bay Hiking Association
Indigenous Friendship Centre	Thunder Bay Border Cats
Kamview Nordic Ski Centre	Thunder Bay Military Museum
Lakehead Archers	Thunder Bay Minor Football Association
Magnus Theatre	Thunder Bay Museum
Mario's Bowl	Wilderness Supply
	Willow Springs Creative Centre

The PAL Card cannot be used on City Transit. Please call 684-3744 for information on their Transit ID Card. For the Movie Theatres you have to have an Access 2 Entertainment Card, <http://www.access2card.ca/>.

If interested in using your PAL Card when visiting Waterloo, Kitchener or Cambridge, please contact the listed numbers to access a list of acceptors.

City of Waterloo 519-747-8512
City of Kitchener 519-741-2200 x7228

City of Cambridge 519-740-4681 x4292

PAL Card Use

What is the PAL Card?

A PAL (Personal Attendant for Leisure) Card identifies that the person named on the card may require a support person. This support person will not be charged a program/facility fee as long as they are present to support the person with the PAL Card. The person named on the PAL card needs to pay any fees required of them by the program/facility.

How does the PAL Card Work?

When you and your support worker go to a place that accepts the PAL Card you show your card when you are paying admission. You don't have to show any other forms of identification. You don't have to tell the people at the front if you have a disability or what kind of disability it is. Seeing that you have a PAL Card should be good enough to let your support person in for free.

Who can be your support person?

Anyone who can give you the help that you need while in the program/facility. It is very important that your support person is there to help you. The PAL Card is not to be used to get people in for free who are not there to support your needs.

What is expected of a support person with a PAL Card holder?

- All the rules of the program/facility that apply to the PAL Card holder, also apply to the support person.
- Provide adequate and appropriate support to the PAL Card holder.
- Be respectful of the rights of all.
- Ensure a safe and enjoyable environment for all.
- Maintain confidentiality.
- Communicate effectively on behalf of the PAL Card holder, as required.
- To be admitted for free with a PAL Card for the strict purpose of supporting the PAL Card holder in their participation, not for personal gain.

Reminders for Using Your PAL Card

- Only the person whose photo and name are on the PAL Card can use it.
- If two people, each having a PAL Card, are supporting each other, at least one person must pay admission.
- If you have problems using your PAL Card please call 625-626 or 683 with as much information as you can. This information would be, for example, where you tried to use it, why it wasn't accepted, the name of the person that wouldn't accept it. There could also be other problems with the card and where you can use it that you can also call us about.