



55 Plus Group Chat Line

What is it?

A call in telephone-based older adult service to join in on fun activities, educational, and health and wellness program information. A calendar will be provided to you with the dates and times of scheduled activities.



You may participate if you:

- Live in the following townships/community: Conmee, Fort William First Nation, Gillies, Murillo, Neebing, O'Connor, Oliver Paipooonge, or Shuniah.
- Are 55 and older and find it difficult to leave home, access community centres and services, or experience loneliness.

What Are The Benefits?

Create friendships and a community from the comfort of your home. This is scheduled time, so you know when you will chat. There will be a variety of weekly activities to participate in all or choose those that interest you!

Join Now!

No fees or charges to join.

You just need a telephone! No computer required.

For more information or to register, contact Twyla or Suzanne at the Thunder Bay 55 Plus Centre.

tbiluk@thunderbay.ca or 684-3471