



January 2021

Thunder Bay 55 Plus Centre, 700 River Street
684-3066 www.thunderbay.ca/55plus

Pursuing Life!



Daily Activities, Drop In

Nominal fee applies to all.

Activities are subject to change based on special activities and events.

Monday

- 1 pm - Guitar Jam
- 1 pm - Line Dancing Beg. (Jan-May)
- 1 pm - Oil & Acrylic Painting (Sept-June)
- 2 pm - Line Dancing Beg. Plus (Jan-May)

Tuesday

- 1 pm - Quilting
- 1 pm - Rug Hooking (Feb-June)
- 1 pm - Sewing Needle Arts (1st & 3rd)

Wednesday

- 12:30 pm - Quilting
- 12:45 pm - Floor Shuffleboard
- 1 pm - Drawing & Sketching

Thursday

- 9 am - Watercolours Painting (Sept-June)
- 9:30 am - Knitting & Crochet
- 1 pm - Beginner Guitar Jam
- 1 pm - Oil & Acrylic Painting
- 2 pm - Swedish Weaving

Friday

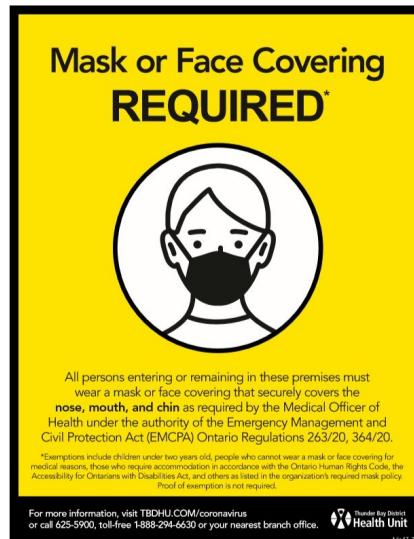
- 9:30 am - Quilting
- 2:15 pm - Floor Curling

Please note there will be limited spaces in the above drop in activities. It will be on a first come first serve basis.

When Visiting the Centre

- Please wait for the person to move out of the vestibule before you enter the building. One person at a time
- If you have screened online, you still need to wait in line to enter
- If you have screened online, please have your confirmation ready to show upon entry. We need to verify and record names and phone numbers
- Please remember to wear your mask and sanitize your hands upon entry

Thank you for your patience and understanding and Please Be Covid Kind



ENGAGING • EXCITING • ENERGIZING

Fuxico Technique Workshop

Friday, Jan 15 - Feb 5
Time: 9 am - 12 pm
Code: 433099 **Fee:** \$150
Fuxicos are flowers, made by hand out of fabric remnants. You will learn different ways to do the fuxico technique and explore how to add them on accessories, cloth, house décor, and more. Bring your own scissors, all other supplies provided

Beauty Box Workshop

Friday, Jan. 29
Time: 1 - 4 pm
Code: 433102 **Fee:** \$40
You will create a fabric decoupage beauty box. A beautiful place to store all your supplies, beauty, crafts, or anything else you'd like to keep organized! Bring your own scissors, all other supplies provided.

“May the New Year bring you an abundance of amazing opportunities, beautiful moments, and joyful experiences. May your positive actions & attitude inspire others. May you be brave enough to take on and overcome rewarding challenges. May you find yourself in high spirits & excellent health. May you love with all your heart and find peace in even the most turbulent of times. May the love you give always find its way back to you multiplied. And may you forever be filled with the hope & strength necessary to make your dreams a reality” - Zero Dean -

Recreation 55 Plus Community

SNOWSHOE ADVENTURE

Mon. & Wed. Jan 11 - Mar. 31 (Weather permitting)
Time: 11am -12 pm - Please arrive at 10:30 am to pay and be fitted for snowshoes
Fee: Trail Pass is \$7 plus tax, Snowshoe Rentals \$7 plus tax
Location: Kamview Nordic Centre, 851 20th Side Rd
Please note: change rooms will not be open for use. Please leave belongings in vehicle

WINTER WONDERLAND WALKS - FREE!

Mondays, Jan 11 - March 29 (Weather permitting)
Time: 1:00 - 2:00 pm (Boulevard Lake, meet at Aly's Mini Putt)
Wednesdays, Jan. 13 - Mar. 31 (Weather permitting)
Time: 1:00 pm - 2:00 pm (The Marina, meet at splash pad)

CROSS COUNTRY SKIING

Tuesdays, Jan 12 - Mar. 30 (Weather permitting)
Time: 11am -12 pm - Please arrive at 10:30 am to pay and be fitted for skis
Fee: Trail Pass is \$8.85 plus tax, Ski Rentals \$11 plus tax
Location: Kamview Nordic Centre, 851 20th Side Rd
Please note: change rooms will not be open for use. Please leave belongings in vehicle

PHOTOGRAPHY CLUB - FREE!

Please note there are no instructions or equipment provided. Please bring your own cameras/devices
Tuesday, Jan. 12 - Mar. 16 (weather permitting)
Time: 1:00 pm - 2:00 pm
January Locations: January 12 - Centennial Botanical Conservatory, 1601 Dease Street
January 19 - The Tree Farm, 3112 25th Side Rd
January 26 - Hillcrest Park, High Street