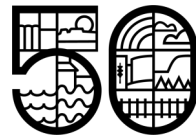




River Street Cafe

Thunder Bay 55 Plus Centre
700 River Street
684-3260
www.thunderbay.ca/55plus



HOT LUNCH MENU

October 2020

The River Street Cafe is independently operated in the Thunder Bay 55 Plus Centre. The Cafe is a not-for-profit food service and is a City of Thunder Bay Volunteer Program for seniors. All income is used to pay wages, food, equipment, dishwashing, and Cafe supplies. In agreement with the City of Thunder Bay, the 55 Plus Food Program Board of Directors contributes a yearly amount towards the Centre's operating budget to help offset the operation of the Thunder Bay 55 Plus Centre.

Reminder:

All meals are Take Out Only.

Regular Soups, Salads, Sandwiches, and Baked Goods will also be available for purchase. In addition, there will be a variety of meals premade and in the freezer for multi meal purchases. Call us at 684-3260 and place your order or stop in and take it to go.

Keep an eye on the River Street Café Facebook page for updates and specials



Find us on Facebook and
LIKE US
while you are there.
[Facebook.com/RiverStreetCafe](https://www.facebook.com/RiverStreetCafe)

River Street Café Breakfasts

Pancake Tuesdays Every Tuesday 8:30 to 10 am \$4.50	French Toast Fridays Every Friday 8:30 to 10 am \$4.50
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cafe Hours of Operation: Monday to Friday, 8:30 am - 2:30 pm Hot Lunch: Monday to Friday, 11:30 am - 1 pm (while quantities last) TAKE OUT ONLY! Main Meals - \$8.25 Gift Certificates: \$10.00 ea. Purchase at Main Office			1	2	3
			Apricot Glazed Ham, Scalloped Potatoes, Savoury Peas Tomato Macaroni Soup	Meatball Sandwich & Creamy Potato Salad Cream of Broccoli Soup	CAFÉ & CENTRE CLOSED
5	6	7	8	9	10
Oven Baked Chili, Corn Bread & Side Salad, Chicken Dumpling Soup	Hot Pork Sandwich, Mashed Potatoes & Butter Carrots Vegetable Soup	Meat & Cheese Manicotti, Garden Salad & Bread Stick Bean & Bacon Soup	Thanksgiving Dinner Take Out Tickets \$10.00 Purchase by Oct. 5	Delicious Beef or Chicken Taco Salad Country Ham & Lentil Soup	CAFÉ & CENTRE CLOSED
12	13	14	15	16	17
CAFÉ & CENTRE CLOSED THANKSGIVING	Breaded Sole Fillet, Mashed Potatoes, Coleslaw Hamburger Soup	Cabbage Rolls & Cheddar Perogies & Broccoli Sweet Potato Pear	Lasagna, Caesar Salad & Garlic Bread Cream of Mushroom Soup	Liver & Onions, Mashed Potatoes & Turnip Carrot Medley Split Pea Soup	CAFÉ & CENTRE CLOSED
19	20	21	22	23	24
Hamburger Steak & Onions, Mashed Potatoes & Turnips Potato Bacon Soup	Maple-Bacon Glazed Chicken, Roasted Potato & Parmesan Carrots Cream of Leak Soup	Oven Braised Ribs, Baked Potato & Green Beans/Mushrooms Tomato Tortellini Soup	Shepherd's Pie, Fresh Garden Salad, Dinner Roll Chicken Noodle Soup	Swedish Meatballs, Linguine Noodles, Bacon Brussel Sprouts Cream of Tomato Soup	CAFÉ & CENTRE CLOSED
26	27	28	29	30	31
Sesame Chicken Stir-Fry with Long-Grain Rice Hamburger Soup	Beef Stew with Hearty Root Vegetables & Herbed Biscuit Chicken Wild Rice Soup	Liver & Onions, Mashed Potatoes & Turnip Carrot Medley Bean & Bacon Soup	Grilled Rubeen, Potato Salad & Corn Chips Minestrone Soup	Pork Schnitzel with Roasted Potatoes, Broccoli & Cauliflower Vegetable Soup	CAFÉ & CENTRE CLOSED