

Program Staff:

Supervisor of Aquatics:
Katie Groombridge, 684-3339
Senior Instructor: 684-3335

Note: Some classes are subject to time change or cancellation due to insufficient registration. Parents with children in lessons may swim for a reduced rate of \$7.08 (plus applicable taxes).

Pool Admission Policy

During a Family swim:

Anyone under the age of 18 must be accompanied by a guardian, 18 years + who is in the pool in proper swim attire. This includes all pools.

During a public swim:

Children 6 year & under: Must be accompanied, regardless of swimming ability, by a guardian who is in the pool.

Children 7-9 years: Non-swimmers, unable to pass the facility swim test, must be accompanied by a guardian who is in the pool. Swimmers, who are able to pass the facility swim test, may swim unaccompanied during the public swim.

Note: Guardians may be 13years + (ratio 1:2children) or 18years + (ratio 1:4 children). Guardians must be in the pool and are responsible for the direct supervision of the children.

Children 10 years & older: May swim unaccompanied during the public swim. Must be able to swim comfortably to enter the deep end, they may be required to perform a swim test if the lifeguards see fit.

Those who do not meet the admission policy will be asked to leave if they cannot adhere to the policy at that time, no exceptions.

Facility Swim Test:

Swimmers must be able to swim 25m, non-stop, comfortably on their front with face in the water for a portion of the time

Recreational Swim Schedule

Effective July 1 - September 2, 2018

The following schedule is subject to unforeseen changes.

Please contact the pool office at 684-3331 for the latest lane availability

There will be limited lane availability during swim club practices:

Thunderbolts Swim practice times are as follows:

Day	AM	PM
Mon.	6-7:30am & 9-11:30am • Lanes 1-4	4:00-6:00pm • Lanes 1-4
Tues.	6-7:30am & 9-11:30am • Lanes 1-4	
Wed.	6-7:30am & 9-11:30am • Lanes 1-4	4:00-6:00pm • Lanes 1-4
Thurs.	6-7:30am & 9-11:30am • Lanes 1-4	
Fri.	6-7:30am & 9-11:30am • Lanes 1-4	4:00-6:00pm • Lanes 1-4
Sat.	8-8:15am • Lanes 3-8	

• Masters Swim Club practice: Tuesday & Thursday
5:00-6:00pm and Saturday 9:00- 10:00am (lanes 2-6)

• The diving boards and towers are closed
Mon. to Fri. 9:00am-12:00pm during the Dive Club practices.

• Groups of 20 or more must pre-book. Group rates are available. Please contact the Facility Programmer at 684-3724.

• Twoonie Swim Fridays from 6:00-9:00pm.

• Adult/Teen Twoonie Swim Monday - Thursday 9:00-10:00pm

Day(s) and Times Type of Swim

Monday - Thursday

5:45am - 9:00am	Public
9:00am - 1:00pm	Family
1:00pm - 4:00pm	Public **Slide** 1-5pm
4:00pm - 7:00pm	Family / Adult
7:00pm - 9:00pm	Public **Slide**
9:00pm - 10:00pm	Adult / Teen

Friday

5:45am - 9:00am	Public
9:00am - 1:00pm	Family
1:00pm - 4:00pm	Public **Slide** 1-5pm
4:00pm - 6:00pm	Family / Adult
6:00pm - 9:00pm	Public **Slide**

Saturday

8:00am - 1:00pm	Family / Adult
1:00pm - 5:30pm	Public **Slide**
5:30pm - 7:00pm	Public
7:00pm - 9:00pm	Public **Slide**

Sunday

8:00am - 12:00pm	Family / Adult
12:00pm - 5:30pm	Public **Slide** 1-5:30
5:30pm - 7:00pm	Public
7:00pm - 9:00pm	Public **Slide**